

2024-25

KALP धरत

The Environmental Society

KALINDI COLLEGE

University of Delhi

CRAFTING A GREEN WORLD
The Newsletter of Kalpdhara-
The Eco-Club

UNVEILING THE SECRETS OF THE WILD, WHERE NATURE COMES ALIVE.

CLUB DESCRIPTION

VISSION

We are a team of teachers from, "The Department of Environmental Studies", and students working with a Vision to create awareness, ignite and motivate young minds to adopt and practice Green and Environment-Friendly Practices for a sustainable future and achieve the envisaged sustainable development goals in the era of Anthropocene.

We aim to reach all sections of society and sensitize them about the crucial methods & measures Which need to be taken to combat or eliminate climate change and socio- Environmental problems because a safe and healthy environment is premium for the survival of humans.

We, Humans, are the biggest beneficiaries of Earth's environment & natural resources and we also have the biggest moral and ethical responsibility / duty to Conserve the same.

And we are delighted to proclaim that through KALPDHARA we discharge our moral and ethical duties to protect our mother Vasundhara and her resources. We are a firm believers of the fact that

TOGETHER WE CAN and WE WILL address the biggest challenges of climate change threatening the Human society across the Globe.

OUR MISSION STATEMENT

अशक्यंप्रकृतेः ऋतेजी वनम ्।

Meaning, There is no life without nature.

OUR PREAMBLE

We, The Members of the Eco-Club of Kalindi College, the University of Delhi having solemnly resolved to constitute a community of Eco- Warriors to generate environmental awareness among the Youth/ College students for environmental improvement and to inculcate the culture of eco-friendliness and environmental conservation among them.

OBJECTIVES

- 1. The club will focus on creating a cadre of Green Ambassadors who through a participatory approach can spread awareness among youths and society at large about various Environmental, Climate Change & other Societal issues**
- 2. Our main aim is to ignite the intellectual minds to ponder over different ways to reconcile between fulfilling materialistic desires and environmental conservation.**
- 3. Through a sustained and multipronged approach we will strive to solve problems related to all the four spheres of environment i.e. atmosphere, biosphere, lithosphere, hydrosphere to achieve the envisaged Sustainable development Goals.**



FROM PRINCIPAL'S DESK

- Prof. Meena Charanda

The need for environmental consciousness has never been more urgent. As climate change, pollution, and resource depletion threaten our planet's balance, it's essential that we adopt mindful habits and sustainable practices. Being environmentally conscious means understanding the impact of our actions and making choices that protect the earth for future generations. It's not just about preserving nature — it's about ensuring a healthier, more livable world for all. I commend and highly appreciate all the activities and effort Team Kalpdhra has put in to bring awareness to the college campus

FROM CONVENOR

- *Dr. Shanuja Beri*



In the heart of our campus, something remarkable is always taking root — not just in the soil, but in the minds and actions of our Environmental Sciences and Kalpdhara students. Each project, each field study, and each awareness campaign you take on reflects a deep commitment to understanding and protecting the natural world.

We see the passion in your research, the dedication in your clean-up drives, and the creativity in your sustainable initiatives. Your work reminds us that environmental change starts with informed, driven individuals — and that's exactly what you are.

Thank you for not only learning about the planet but actively working to preserve it. Your efforts inspire our community to think more critically, act more consciously, and dream more sustainably.

I am honoured to be leading such a dedicated team of teachers and students who inspire me as well to continue working for our precious and fragile environ.

Let's continue to grow together — greener, stronger, and more united than ever. I wish you the best always



FROM CO-CONVENOR

- *Dr. Akansha Rai*

“As we work to heal the Earth, the Earth heals us.” – Robin Wall Kimmerer

As the Co-Convenor of Kalpdhra, the Environmental Society, it gives me immense joy to be part of a movement that encourages positive environmental change. In an era where climate change, pollution, and biodiversity loss dominate global concerns, the role of youth-led environmental initiatives has become more crucial than ever. Our society stands as a beacon of hope, aiming to inspire and empower individuals to take meaningful action toward a greener future.

The Eco-Club was founded with the vision of fostering a culture of environmental consciousness through education, engagement, and empowerment. Over the past year, we have worked tirelessly to not only raise awareness but also implement actionable solutions within our institution and local community. This year, our Eco-Club has been involved in a variety of impactful initiatives—ranging from clean-up drives and eco-friendly workshops and digital campaigns promoting sustainable lifestyles. Every activity we undertake is rooted in the belief that small, consistent efforts can lead to big change.

We draw constant inspiration from the words of Jane Goodall: “What you do makes a difference, and you have to decide what kind of difference you want to make.” Our goal has always been to educate, engage, and encourage individuals to live more consciously, care more deeply, and act more wisely.

I am incredibly proud of our team’s enthusiasm, creativity, and dedication. Each member plays a vital role in helping us grow as a society and make a lasting impact. Let us remember: protecting the environment is not just an option—it is our shared responsibility. Together, let us continue to plant seeds of change, nurture ideas of sustainability, and work tirelessly toward a cleaner, greener, and healthier planet.

Warm regards,
Dr. Akansha Rai
Co-Convenor

FROM

CO-CONVENOR

- *Dr. Sunaina*



As we turn another page in Kalpdhra's journey, I feel immense pride in the strides we have taken together to nurture a more environmentally conscious community. Our society stands as a beacon of awareness, action, and advocacy for sustainable living, and it is heartening to witness the collective passion that fuels our initiatives.

Over the years, Kalpdhra has organized various impactful events ranging from plantation drives and clean-up campaigns to eco-awareness workshops and sustainability talks. Each activity has reinforced our core belief as small, consistent actions can lead to significant change. The enthusiastic participation of our members and volunteers has been the cornerstone of every successful endeavor.

This newsletter is not just a chronicle of our activities, but also a reflection of our shared commitment toward environmental stewardship. It celebrates your efforts, your voices, and the green ideals we strive to embody.

As we move forward, I invite each one of you to continue being changemakers to question, learn, and inspire others to adopt eco-friendly practices. The planet needs more than awareness; it needs action. And through Kalpdhra, we have the platform and the purpose to make that difference. Let's keep the spirit alive, one green step at a time.

With gratitude and green hopes,

Dr. Sunaina

Co-Convener, Kalpdhra

FROM CO-CONVENOR

- Dr. Pooja Yadav



Dear Students,

As you progress in your academic journey, it's important to develop a deeper understanding of the critical issues facing our planet. The Earth, our only habitable home, is experiencing unprecedented environmental stress due to expanding human activity. Deforestation, pollution, unsustainable consumption, and over-dependence on fossil fuels have disrupted ecological balance and accelerated the process of climate change. These environmental shifts are no longer distant threats—they are present-day realities, affecting weather patterns, biodiversity, water availability, agriculture, and even public health.

In light of these challenges, sustainability is not just a concept; it is a necessary framework for action. It demands that we rethink how we live, consume, and interact with nature, keeping in mind the needs of future generations. As young adults and future professionals, you have both the responsibility and the opportunity to influence change—through your choices, your careers, and your voices.

Always remember that meaningful change doesn't always begin with large-scale initiatives. Often, it starts with small, consistent efforts—reducing waste, conserving energy, making environmentally conscious decisions, and spreading awareness. These seemingly simple actions, when practiced collectively, can lead to significant positive outcomes for our environment.

I encourage you all to stay informed, stay engaged, and become active participants in building a more sustainable and resilient future.

Warm regards,

Your Teacher

FROM CO-CONVENOR

*- Dr. Mirinchonme
Mahongnao*



It gives me immense pride to reflect on the meaningful journey of Kalpdhra over the past year. As an environmental society committed to fostering sustainability and ecological awareness, we have continued growing in spirit and action. From organizing various environmental conservation activities and seminars to engaging students in creative sustainability projects, each initiative has brought us closer to our vision of a greener campus and a more responsible community.

Our success would not have been possible without the enthusiasm and dedication of our department members, students, volunteers, and supporters. I am genuinely grateful for the collective effort that has made Kalpdhra a vibrant and impactful platform for environmental change.

We remain committed to inspiring more action and continuing our journey with the same passion and purpose.

Warm regards,
Dr. Mirinchonme Mahongnao
Co-Convenor, Kalpdhra

FROM CO-CONVENOR

~Ms. Priya Yadav



I am honoured as a part of kalpdhra organisation that plays a significant role in this endeavor by promoting sustainable practices and environmental awareness at the grassroots level. Through workshops, campaigns, and hands-on projects like tree planting and recycling. Kalpdhra empowers students to take an active role in environmental conservation.

I encourage students to engage with environmental activities as it is crucial for fostering a sustainable future, especially in light of pressing issues like climate change and pollution. Kalpdhra inspires young minds as it helps in hands-on learning experiences such as nature walks, eco-club activities, and community clean-up initiatives that connect classroom knowledge to real-world environmental challenges. Becoming a part of this vibrant network not only empowers you to take action but also connects you with like-minded individuals and experts in the field of environmental sustainability

Come, be a part of this exciting journey and help us create something extraordinary and dynamic group focused on innovation and learning.

"Best wishes for a greener future,"

Kind regards

Priya Yadav

Co-Convenor - Kalpdhra

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Anoushka Patra



Co-President

Rani



OFFICE BEARERS OF KALPDHARA

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Chandel*



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Our Volunteers



Muskan Khan

Astha Goyal



Naina



OFFICE BEARERS OF KALPDHARA

Our Volunteers



Ghilpi



Naugheen



Nipsy



30 DAYS ENVIRONMENTAL CHALLENGE



Plastic bottles reuse as a Pot for blooming the flowers



Building compost Pile 🍂♻️♻️



Funding agency (Internal / External) and amount: NA
 Name of the Convenor: Dr. Shanuja Beri
 Co- Convenor : Dr. Akansha Rai Dr. Sunaina
 Date: August 10 th , 2024 - September 4 th , 2024
 Time: NA
 Name of the Event: 30 Days Environmental Challenge
 Collaborating agency, if any: National Edu Trust of India
 Faculty: Dr. Shanuja Beri, Dr. Sunaina, Dr. Akansha Rai.
 Number of participants outside of Kalindi College: NA

HIGHLIGHTS OF THE EVENT:

- Exciting journey of 30 days, each day was dedicated to an activity that can be useful and helpful for the environment
- Several ways for a sustainable environment are shared on instagram.
- Students engaged actively showing different ways to protect environment and promote sustainability and conservation

EVENT DETAILS

From August 10 to September 5, 2024, Kalpdhra, the Environmental Club of Kalindi College hosted a 30-Day Environmental Challenge on Instagram in collaboration with National Edu Trust of India, aiming to inspire individuals to adopt sustainable practices and contribute to environmental protection. This challenge encouraged participants to engage in simple, everyday actions that promote sustainability, reduce waste, and raise awareness about the importance of protecting the environment. The event was designed to empower people to take responsibility for their actions and make positive changes in their daily routines. Each day of the challenge focused on a different aspect of sustainability, with specific actions participants could take to make a meaningful impact. The activities were posted daily on the Instagram account, with accompanying visuals, tips, and educational content to help participants understand how they could contribute to environmental protection. The participants were encouraged to share their own efforts by posting photos, videos, or stories on their Instagram profiles using the hashtag #30daysenvironmentalchallenge. This helped create a sense of community, as users could interact, inspire each other, and spread awareness to their followers.



30 DAYS ENVIRONMENTAL CHALLENGE

One of the key focuses of the challenge was reducing waste. Participants were prompted to minimize their use of single-use plastics, opt for reusable items like bags, bottles, and containers, and reduce overall consumption. One day of the challenge was dedicated to a "zero-waste" activity, where participants avoided disposable products and made a conscious effort to recycle or compost. Another major theme involved energy conservation. The challenge encouraged people to turn off lights and unplug electronics when not in use, as well as to adopt more energy-efficient practices at home.

Eco-friendly transportation was also emphasized, with participants encouraged to walk, bike, or use public transportation instead of relying on personal vehicles. This action helped reduce carbon emissions and promoted more sustainable travel options. Sustainable food practices were highlighted on several days of the challenge, with participants encouraged to eat plant-based meals, reduce food waste, and shop locally. Through these activities, participants learned more about the environmental impacts of food production and consumption, such as resource use, packaging waste, and transportation.

In conclusion, the 30-Day Environmental Challenge was a successful initiative that not only raised awareness about sustainability and environmental protection but also empowered individuals to make lasting changes in their lives. The challenge demonstrated the power of social media in fostering a sense of community and promoting eco-friendly behaviors.



VRIKSHA RAKSHABANDHAN



VRIKSHA RAKSHABANDHAN

Funding agency (Internal / External) and amount: NA

Name of the Convenor: Dr. Shanuja Beri

Co- Convenor : Dr. Akansha Rai

Dr. Sunaina

Date: August 14

th

, 2024

Time: 1:00 PM to 2:00 PM

Name of the Activity: "Vriksha Rakshabandhan"

Objectives of the Activity:

- Discussion
- Students showcased their artistic skills by making Rakhis

Collaborating agency, if any: National Edu Trust of India

Number of Students and Faculty: 10

Total number of students who participated: 08

Faculty: Dr. Shanuja Beri, Dr. Akansha Rai, Dr. Sunaina

Number of participants outside of Kalindi College: NA

Kalpdhra, Eco Club of Kalindi College in collaboration with National Edu Trust of India organized an engaging and eco-friendly event titled "VRIKSHA RAKSHABANDHAN" on 14th August, 2024, where participants engaged in tying a knot of love to the trees. The event Vriksha Rakshabandhan aimed at creating awareness among students about our nature and its major component trees through tying rakhi to them. Through this activity, students made rakhi through different items in their own unique style and tied the rakhi. In total, 8 students from departments participated enthusiastically in the activity, which was a stress buster and a fulfilling learning endeavor. They had an enriching educational encounter under the shade of trees at Saraswati Park, made rakhis with different colors and different items like threads, leaves, flower petals, flowers etc representing their love and care for our nature.



PAIN & CREATE





Funding agency (Internal / External) and

amount: NA

Name of the Convenor: Dr. Shanuja Beri

Co- Convenor : Dr. Akansha Rai

Dr. Sunaina

Date: September 11th, 2024

Time: 1:00 PM to 2:00 PM

Name of the Activity: "Painting of Tote Bags & Fabric Kits"

Objectives of the Activity:

- Educate participants about the significance of biodiversity and the challenges it faces.
- Encourage participants to express their thoughts and emotions on biodiversity through various forms of art.
- Inspire actions that support conservation efforts, such as sustainable practices and advocacy.
- Highlight and showcase the beauty and diversity of ecosystems and species through artistic expression on tote bags and pouches.

Collaborating agency, if any: NA

Number of Students and Faculty:

Total number of students who participated: 26

Faculty: Dr. Shanuja Beri, Dr. Sunaina, Dr. Akansha Rai

Number of participants outside of Kalindi

College: NA

Event Details

The event "Paint & Create" was an exciting and impactful event where art meets environmental advocacy!

This creative activity invited participants to design and paint their own tote bags and pouches through artistic and colorful ways, each themed around the vital topic of "Conservation of Biodiversity."

The event aimed to raise awareness about the importance of protecting our planet's diverse ecosystems and species. By transforming simple tote bags and pouches into vibrant canvases, participants expressed their personal connection to biodiversity and the urgent need for conservation efforts.

Through this interactive activity, we aim to inspire individuals to adopt sustainable habits and use their custom hand-painted tote bags as daily reminders of our collective responsibility to safeguard the environment. The event also offered a platform for community collaboration,



PAINT & CREATE "CONSERVATION OF BIODIVERSITY"

allowing participants to share ideas and reflect on the critical issues facing our natural world.

In total, 26 students from various departments participated enthusiastically in the activity, which was a stress buster and a fulfilling learning endeavor.

They had an enriching educational encounter under the shade of trees near the college's pond, filling the bags and pouches with colors representing Nature's Biodiversity.

Kalpdhra is grateful to all the Members and Participants for volunteering the activity and making it a successful one.



HERBAL WALK



Funding agency (Internal / External) and amount: NA

Name of the Convenor: Dr. Shanuja Beri

Co- Convenor: Dr. Akansha Rai

Dr. Sunaina

Dr. Mirinchonme Mahongnao

Ms. Priya Yadav Dr. Pooja Yadav

Date: 09 October, 2024

Time: 1:00 PM – 2:00 PM

Name of the Event: Herbal walk

Collaborating agency, if any: NA

Number of Students and Faculty: 14

Total number of students who participated: 09

Faculty: Dr. Shanuja Beri, Dr. Akansha Rai, Ms. Priya Yadav, Dr. Mirinchonme Mahongnao, Dr. Pooja Yadav

Number of participants outside of Kalindi College: NA

Highlights of the Event:

- Herbal Walk: Students embarked on a guided walk through, exploring and identifying various herbal plants.
- Plant Identification: Students took pictures of the plants and recorded their scientific names.
- Documentation: Students wrote about the medicinal and economical values of each plant.

Event Details:

The herbal walk proved to be an enriching experience for the students.

They discovered and documented herbal plants.

Examples of Documented Plants:

- Tulsi (*Ocimum sanctum*): Known for its antibacterial and anti-inflammatory properties, used in Ayurvedic medicine.
- Aloe Vera (*Aloe barbadensis*): Used to treat skin conditions, wounds, and digestive issues.
- Neem (*Azadirachta indica*): Utilized for its insecticidal and antiseptic properties.

The herbal walk was a successful initiative in promoting awareness about the significance of herbal plants.

Students gained hands-on experience in identifying and documenting plants, understanding their medicinal and economical values.

The experience will contribute to their appreciation for the natural world and encourage further exploration.

Kalpdhra is thankful to all the members and participants for joining us on the herbal walk! Their enthusiasm and curiosity made the experience truly special



PAPER CRAFT

“Upcycling the Paper Waste”



New Delhi, Delhi, India

110006, near Kalindi College, University of Delhi, Block 49, East Patel Nagar, Patel Nagar.



New Delhi, Delhi, India

110006, near Kalindi College, University of Delhi, Block 49, East Patel Nagar, Patel Nagar.

Funding agency (Internal / External) and amount: NA

Name of the Convenor: Dr. Shanuja Beri

Co- Convenor : Dr. Akansha Rai

Dr. Sunaina

Date: September 18 th , 2024

Time: 1:00 PM to 2:00 PM

Name of the Activity: "Paper Craft"

Collaborating agency, if any: NA

Number of Students and Faculty: 26

Total number of students who participated: 25

Faculty: Dr. Shanuja Beri, Dr. Sunaina, Dr. Akansha Rai

Number of participants outside of Kalindi College: NA

HIGHLIGHTS OF THE EVENT:

- Educate Participants to reuse and recycle waste.
- Encourage participants to express their creativity in crafting Paper Decorations.
 - Educate Participants to use upcycled Paper decorations rather than plastic decorations which promote Sustainable Practices.
 - Highlight and showcase inner creativity and crafting skills to turn Waste into Wonder

EVENT DETAILS

Kalpdhra, Eco Club of Kalindi College organized an engaging and eco-friendly event titled "Paper Craft" on 18th September, 2024, where participants creatively transformed old newspapers into beautiful paper decorations. By choosing newspapers as the primary material for the crafts, Kalpdhra aimed to demonstrate that even seemingly insignificant items could be repurposed into something artistic and useful. The event attracted a diverse group of participants, including Kalpdhra Members and other students from different departments. Students participated in the activity under the guidance of our Co-Convenors Dr. Akansha Ma'am and Dr. Sunaina Ma'am. With minimal tools, mainly scissors, glue, and creativity, they were able to produce a wide variety of decorative items. The "Paper Craft" event achieved several key objectives. It raised awareness about the importance of reusing everyday items. By participating in this eco-friendly initiative, participants became more conscious of their own environmental impact. The event provided a creative outlet for participants, allowing them to express themselves artistically while learning about sustainability.





The beautifully crafted items were displayed at the end of the event. Kalpdhra activity "Paper Craft" promoted the principles of recycling and environmental conservation through creativity and hands-on learning. Events like these demonstrated how small initiatives can make a significant difference in shaping environmentally conscious communities



PAPER RECYCLING



ORIENTATION & OATH CEREMONY



New Delhi, Delhi, India
1, Kalindi College Road, Block 49, East Patel Nagar, Patel
28.648569°
76.814°
PM GMT +05:30



Delhi, Delhi, India
Road, Block 49, East

Funding agency (Internal / External) and amount: NA

Name of the Convenor: Dr. Shanuja Beri

Co- Convenor : Dr. Akansha Rai

Dr. Sunaina

Date: October 15th, 2024

Time: 10:00 AM to 12:30 PM

Name of the Event: Orientation & Oath Ceremony

Collaborating agency, if any: NA

Number of Students and Faculty: 89

Total number of students who participated: 86

Faculty: Dr. Shanuja Beri, Dr. Sunaina, Dr. Akansha Rai

Number of participants outside of Kalindi

College: NA

EVENT DETAILS

Kalpdhra, the Environmental Club of Kalindi College, organised its Orientation and Oath Ceremony on 15th October 2024 in the college seminar room. The event marked the formal induction of new members and highlighted the club's ongoing commitment to environmental sustainability and conservation.

The ceremony was graced by the presence of several dignitaries, including Principal Prof. Meena Charanda Ma'am, esteemed speaker Dr. Virat Jolli Sir, Convenor Dr. Shanuja Beri Ma'am, and Co-convenors Dr. Akansha Rai Ma'am and Dr. Sunaina Ma'am. The event commenced with the traditional lamp lighting ceremony, symbolising the illumination of knowledge and wisdom, led by the Principal, Chief Guest, Convenor, and Co-convenors.

Following the lamp lighting, the audience was introduced to Kalpdhra's motto, mission, and significant achievements since its inception.

Highlights of the Event:

- Enriching session by Dr. Virat Jolli on the topic Role of Citizen Science in Conservation of Biodiversity.
- Kalpdhra Motto, Mission and Achievements were introduced to the audience.
- Oath taken by Office Bearers as a promise to work with dedication for the club and environment.



ORIENTATION & OATH CEREMONY

The club's commitment to environmental advocacy, sustainability initiatives, and conservation efforts has garnered widespread admiration, and the attendees were visibly proud of the impact made by Kalpdhra in the community.

The highlight of the event was an insightful session by Dr. Virat Jolli, who delivered an engaging lecture on the Role of Citizen Science in the Conservation of Biodiversity. Dr. Jolli emphasised the importance of active participation by citizens in biodiversity monitoring, such as counting bird and butterfly species, to assess the health and sustainability of ecosystems. His message resonated strongly with the attendees, urging them to take an active role in conservation efforts and contribute to long-term environmental sustainability.

Following the lecture, the newly appointed office bearers of Kalpdhra were honoured. Each member received their badge, symbolising their commitment to the responsibilities of their respective posts. After receiving their badges, the office bearers took an oath to serve the society and environment with dedication and integrity, pledging to uphold the values of Kalpdhra in all their endeavours.

The event concluded with a vote of thanks delivered by Dr. Akansha Ma'am, expressing gratitude to the guests, participants, and organisers for making the ceremony a success.

Kalpdhra continues to inspire students and the larger community to actively engage in environmental causes. The Orientation and Oath Ceremony was a testament to the club's ongoing efforts to foster a spirit of environmental stewardship and responsibility among the youth.

KALPDHRA
THE ENVIRONMENTAL SOCIETY
of
Kalindi College
University of Delhi
Invites You for
Lecture and Oath ceremony
with
On Topic:
Role of citizen science in
Conservation of Biodiversity
Seminar room 10:00 AM
15th October, 2024
Dr. Virat Jolli
Prof. Meena Charanda
Principal
Dr. Shanuja Beri
Convenor
Dr. Akansha Rai
Co-convenor
Dr. Sunaina
Co-convenor
Kalpdhra
Team





Funding agency (Internal / External) and amount: NA

Name of the Convenor: Dr. Shanuja Beri

Co- Convenor : Dr. Akansha Rai

Dr. Sunaina

Dr. Mirinchonme Mahongnao

Date: November 13th, 2024

Time: 10:30 AM to 12:30 PM

Name of the Event: Beekeeping Workshop

Collaborating agency, if any: Bee Hive Foundation in collaboration with Aga Khan Trust for Culture

Number of Students and Faculty: 15

Total number of students who participated: 09

Faculty: Dr. Shanuja Beri, Dr. Sunaina, Dr. Akansha Rai, Dr. Mayanglabam Rojina, Dr. Vikash Yadav, Dr. Mirinchonme Mahongnao

Number of participants outside of Kalindi

College: NA

Highlights of the Event

- Enriching session about bees, their types, types of hives and bees products.
- Various bee products and photographs were shown, ensuring practical learning.
- Beekeeping experience, by feeding bees, and learning about their habitat.

FLYER OF THE EVENT

Kalpaha Environmental Society

Kalindi College, University of Delhi

In collaboration with Golden Hive Foundation and Government Sunder Nursery Management Trust

Presents

Buzzing into Beekeeping Beekeeping workshop cum training session

Date: 13th November 2024

Time: 10:30 am onwards

Venue: Sunder Nursery

Why you should visit?

Bees are the greatest pollinators, Learn the importance of bees in our ecosystem, gain hands-on experience, and discover sustainable practices that promote biodiversity.

Confirm your visit

https://docs.google.com/forms/d/e/1FAIpQLSeITxoVU8MvSkU2KOV_8EVWj8nzJsM81GpcgbnJZyn44Nnl.6A/viewfo



BEEKEEPING WORKSHOP

Kalpdhra, the Environmental Club of Kalindi College, in collaboration with the Golden Hive Foundation and the Government Sunder Nursery Management Trust, organized a Beekeeping Workshop and Training Session titled Buzzing into Beekeeping on November 13, 2024, at Sunder Nursery. The event provided participants with valuable insights into practical beekeeping techniques.

A total of 9 students from various departments participated in the workshop, alongside faculty members. The teachers included Convenor Dr. Shanuja Beri Ma'am, Co-convenors Dr. Akansha Rai Ma'am and Dr. Sunaina Ma'am, and several other faculty members, all of whom actively participated in the workshop.

The workshop commenced with a tasting session, where participants sampled different types of honey, including multifloral, lychee, wild, and other varieties. Following the tasting, an insightful session was led by Mr. Rakesh Gupta Sir, a professional beekeeper. He educated the participants on the various types of bees, different hive systems, the science of apiculture, the importance of bees, and the various bee products.

The lecture session was both engaging and informative, enriched by visual aids such as photographs and hands-on exploration of bee products. Students had the

opportunity to interact with bee-related products, including beehives, bee wax, and bee pollen.

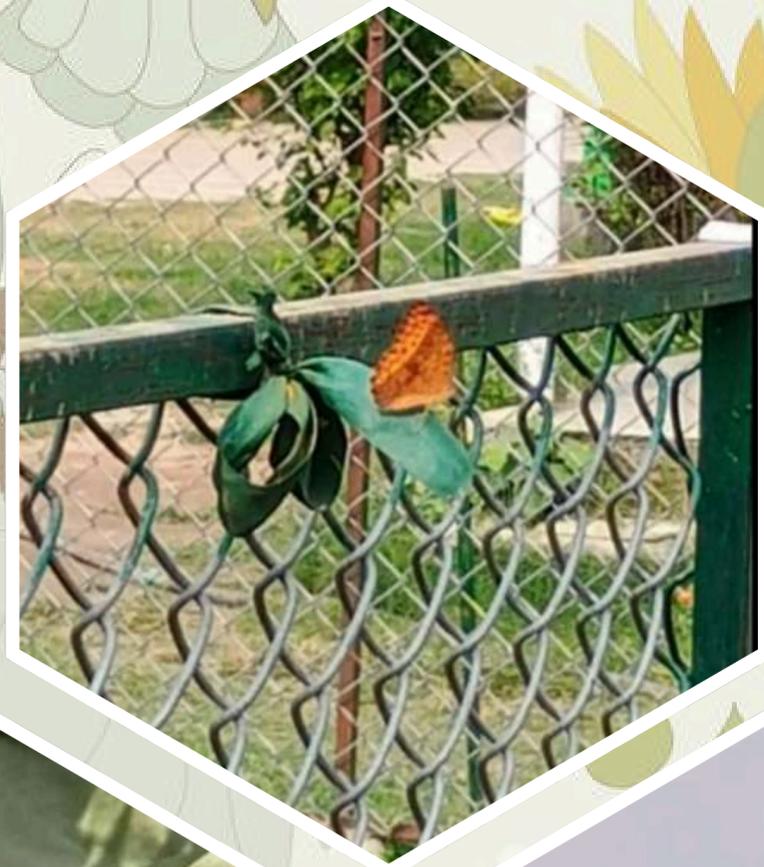
After the lecture, participants engaged in a practical training session on beekeeping. To ensure safety, all participants and teachers were provided with protective gear, including caps. The hands-on session allowed everyone to observe the bees in their natural habitat within the hive, learn about the roles of the queen bee and worker bees, and experience firsthand how bees live and work. Participants even had the opportunity to hold a beehive and feed the bees with honey.

Throughout the session, there was a palpable sense of excitement and curiosity among the students as they learned about the bees' habitat and their crucial role in our ecosystem. The workshop left everyone reflecting on the importance of bees and their fascinating social nature.

At the conclusion of the event, all participants were given a small field notebook as a gift, encouraging them to continue their practical fieldwork and exploration of beekeeping in the future.



BIRDS AND BUTTERFLY COUNT



Funding agency (Internal / External) and amount: NA

Name of the Convenor: Dr. Shanuja Beri

Co- Convenor : Dr. Akansha Rai

Dr. Sunaina

Dr. Mirinchonme Mahongnao

Dr. Pooja Yadav

Ms. Priya Yadav

Date: November 6th, 2024

Time: 1:00 PM to 2:00 PM

Name of the Event: Birds and Butterfly Count Activity

Collaborating agency, if any: NA

Number of Students and Faculty: 16

Total number of students who participated: 11

Faculty: Dr. Shanuja Beri, Dr. Sunaina, Dr. Akansha Rai, Dr. Pooja Yadav, Dr. Mirinchonme Mahongnao, Ms. Priya Yadav

Number of participants outside of Kalindi College: NA

HIGHLIGHTS OF THE EVENT:

- Learnt about different butterflies and bird species present on college campus.
- Learnt about birds and butterflies habitat and their feeding habits.

EVENT DETAILS

Kalpdhara - The Eco Club of Kalindi College organized Birds and Butterfly Count

Activity an engaging and informative activity on 6

th November, 2024 which focused on counting birds and butterflies on the college campus. The primary objective of the

activity was to help students understand the local biodiversity, particularly the bird and butterfly species residing on the campus, and to raise awareness about their

habitats, feeding habits, and nesting behaviors. This initiative aimed to promote

environmental consciousness and encourage students to appreciate the importance of

preserving local wildlife and ecosystems. In total 11 students from various departments participated enthusiastically in the

activity under the guidance of faculty members including Convenor Dr. Shanuja Beri Ma'am, and Co Convenors Dr. Akansha Ma'am, Dr. Sunaina Ma'am, Dr. Mirinchonme Mahongnao Sir, Dr. Pooja Yadav Ma'am and Ms. Priya Yadav Ma'am. The faculty members encouraged and helped the students in their observations.



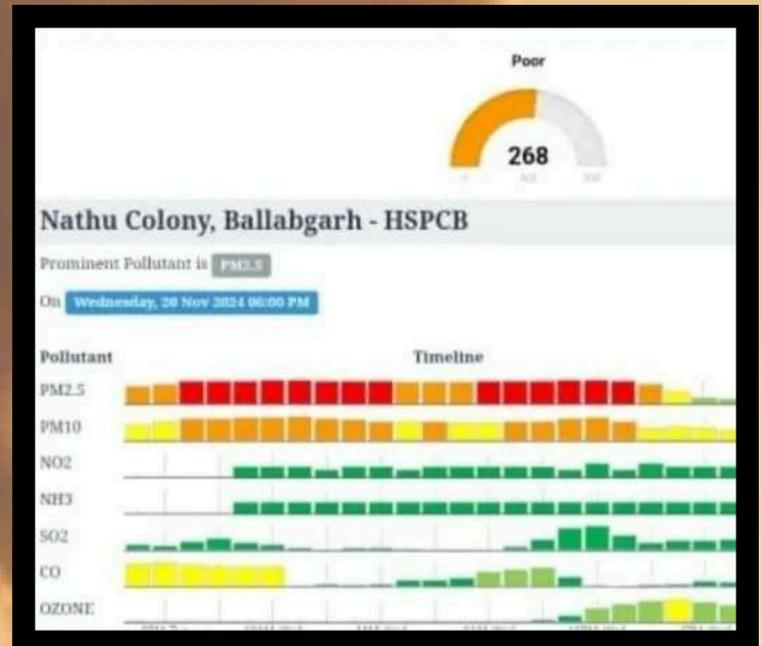
BIRDS AND BUTTERFLY COUNT ACTIVITY

The activity began with students being divided into small groups with their camera and field notepads to record their observations. The participants were encouraged to identify various bird and butterfly species based on physical characteristics, behavior, and flight patterns. They were also instructed to observe and document where these species were commonly found on the campus, such as near trees, flowers, or water bodies. Additionally, students recorded the feeding habits of the species, noting whether they were feeding on nectar, seeds, fruits, or insects. They were also encouraged to look for nesting sites and document any nests or roosting areas, as well as the materials used by the species for constructing them.

The activity enhanced students' understanding of the species present on the campus and their ecological roles. Several bird species, including sparrows, pigeons, and mynas, and peacock were observed, along with various butterfly species. Many of these species were found to rely on the campus's green spaces for feeding, shelter, and breeding. Notably, the House Sparrow was observed feeding on seeds and grains, while the Indian Peafowl was often seen searching for insects. Butterflies were feeding on nectar from flowering plants. The activity had a significant educational impact on the students by providing them with hands-on experience in field observation and enhancing their knowledge of local wildlife.



A Q I STUDY IN DELHI



Funding agency (Internal / External) and amount: NA

Name of the Convenor: Dr. Shanuja Beri

Co- Convenor : Dr. Akansha Rai Dr. Sunaina
Dr. Mirinchonme Mahongnao Dr. Pooja Yadav
Ms. Priya Yadav

Date: November 20 th , 2024

Time: 1:00 PM to 2:00 PM

Name of the Event: Air Quality Index

Collaborating agency, if any: NA

Number of Students and Faculty: 22 Total

number of students who participated: 16

Faculty: Dr. Shanuja Beri, Dr. Akansha Rai,
Dr. Sunaina, Dr. Mirinchonme Mahongnao,
Dr. Pooja Yadav, Ms. Priya Yadav

Number of participants outside of Kalindi
College: NA

Highlights of the Event

- Discussion of rising AQI amid high pollution conditions.
- Discussion on the causes of hazardous AQI and their solutions
- Learnt about the institutions which control the pollution.

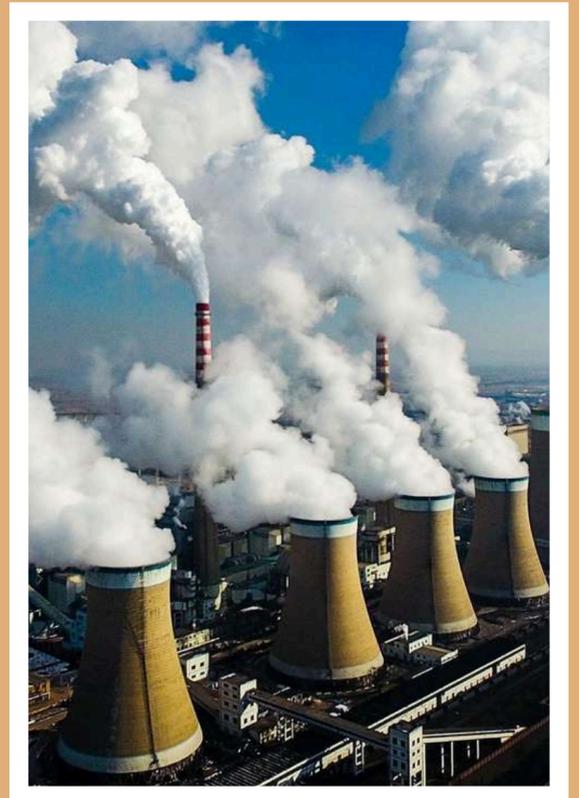
EVENT DETAILS

Kalpdhra, the Environmental Club of Kalindi College, organized an online meeting on 20 th November, 2024 to address the critical issue of rising pollution levels and the associated increase in the Air Quality Index (AQI). The meeting aimed to shed light on the causes and effects of hazardous AQI levels and discuss possible solutions to mitigate this pressing environmental problem. A total of 16 students from various departments participated in the meeting, along with several faculty members, including the Convenor Dr. Shanuja Beri Ma'am, Co-convenors Dr. Akansha Rai Ma'am, Dr. Sunaina Ma'am, Dr. Mirinchonme Mahongnao Sir, Dr. Pooja Yadav Ma'am, and Ms. Priya Yadav Ma'am. The meeting was held in response to the alarming rise in pollution levels in Delhi, which has led to a significant deterioration in the region's air quality. The faculty members provided valuable insights into the root causes of poor AQI, such as vehicular emissions, industrial activities, crop burning, and construction dust. They also explained the severe impact of pollution on human health, particularly respiratory diseases, and its detrimental effects on biodiversity and the ecosystem. The discussion highlighted the urgent need for collective action to address these issues.



AQI STUDY IN DELHI

Students were highly engaged throughout the session, actively listening and participating in the discussion. The faculty further elaborated on how various institutions, including the Central Pollution Control Board (CPCB), monitor and regulate air quality in India. They explained the process of measuring AQI and the role of particulate matter (PM_{2.5} and PM₁₀) in determining air quality levels. The session emphasized the importance of understanding these measurements and the need to reduce pollution levels to ensure public health and environmental sustainability. Following the lecture, students were encouraged to check the AQI of their residential areas, fostering an interactive learning experience. This activity allowed students to observe real-time air quality data and make connections between the information shared during the meeting and the environmental conditions in their own surroundings. In conclusion, the online meeting organized by Kalpdhra provided an informative platform for students and faculty to engage in a meaningful discussion on the rising pollution levels and their impact on the Air Quality Index. The session not only increased awareness about air quality monitoring and the importance of reducing pollution but also inspired students to take personal responsibility in improving the environmental conditions in their communities



CLIMATE CHANGE AND BIODIVERSITY CONSERVATION



Funding agency (Internal / External) and amount: NA

Name of the Convenor: Dr. Shanuja Beri

Co- Convenor : Dr. Akansha Rai

Dr. Sunaina

Dr. Mirinchonme Mahongnao

Dr. Pooja Yadav

Ms. Priya Yadav

Date: January 22,2025

Time: 1:00 PM to 2:00 PM

Name of the Event: Personification on Climate Change and Biodiversity Conservation

Collaborating agency, if any: None

Number of Students and Faculty: 15

Total number of students who participated: 09

Faculty: Dr. Shanuja Beri, Dr. Akansha Rai,

Dr.Sunaina, Dr. Mirinchonme Mahongnao,

Dr.Pooja Yadav, Ms. Priya Yadav

Number of participants outside of Kalindi

College: NA

Highlights of the Event:-

- Expression of thoughts through poems, essays, and quotes related to Environmental Issues.
- Showcase of talent and creativity while contributing to the global conversation on conservation.
- Thought-provoking discussions and discovering new ways to protect our natural world.

EVENT DETAILS

Kalpdhra- the Environmental Society of Kalindi College, organized an insightful and engaging session on Climate Change and Biodiversity titled 'Personification on Climate Change and Biodiversity Conservation' on January 22,2025. The event fostered awareness about pressing environmental issues while encouraging students to express their thoughts through the creative mediums of poetry, essays, and quotes.

A total of 9 students from various departments participated in the workshop, alongside faculty members. The teachers included Convenor : Dr. Shanuja Beri, Dr. Akansha Rai, Dr.Sunaina, Dr. Mirinchonme Mahongnao, Dr. Pooja Yadav, Ms. Priya Yadav all of whom actively participated in the workshop. The session commenced with a warm welcome by the organizing team, highlighting the urgency of addressing climate change .



CLIMATE CHANGE AND BIODIVERSITY CONSERVATION

biodiversity conservation. The event provided a platform for students to creatively articulate their concerns, ideas, and solutions related to the current environmental challenges.

Participants showcased their talents through self-written poems, essays, and quotes giving an insight into the current state of nature and the need for conservation. Some students created striking artwork beautifully capturing the essence of the theme. Their work was carefully judged by a panel based on creativity, relevance of the theme and expression of their ideas.

The session has a beautiful blend of creativity, information and discussion on the conservation of Biodiversity and climate change. The discussion, that followed, allowed participants to engage in meaningful conversations on sustainability, conservation strategies and role of individuals in combating climate change.

The event wrapped up with a heartfelt vote of thanks, leaving everyone inspired to continue advocating for environmental conservation. The event became a space for shared learning and a thoughtful discussion on conservation of environment.

Inspiring discussion for a Sustainable Future

Engaging discussions, inspired minds, and a call to action for Sustainable Future

Creativity in Action

Students express climate change and biodiversity conservation

Art speaks for Nature

Thoughtful illustrations on climate change and biodiversity conservation by the students.



PAPER RECYCLING



New Delhi, Delhi, India
49/16, Block 49, East Patel Nagar, Patel Nagar, New Delhi, Delhi,
110005, India
Lat 28.648612° Long 77.177325°
28/01/25 11:54 AM GMT +05:30

New Delhi, Delhi, India
Bindra Park, 48 / 5, Block 48,
Delhi, Delhi, 110008, India
Lat 28.648731° Long 77.177417°
28/01/25 03:20 PM GMT +05:30

New Delhi, Delhi, India
Bindra Park, 48 / 5, Block 48, East Patel Nagar, Patel Nagar, New
Delhi, Delhi, 110008, India
Lat 28.648731° Long 77.177417°
28/01/25 03:20 PM GMT +05:30

Funding agency (Internal / External) and amount: NA

Name of the Convenor: Dr. Shanuja Beri

Co- Convenor : Dr. Akansha Rai

Dr. Sunaina

Dr. Mirinchonme Mahongnao

Dr. Pooja Yadav

Ms. Priya Yadav

Date: January 15,2025 onwards

Time: 12:30 PM

Name of the Event: Personification on Climate Change and Biodiversity Conservation

Collaborating agency, if any: Green Globecare

Number of Students and Faculty: 15

Total number of students who participated: 10

Faculty: Dr. Shanuja Beri, Dr. Sunaina, Dr. Akansha Rai,

Dr. Pooja Yadav, Dr. Mirinchonme Mahongnao, Ms. Priya Yadav

Number of participants outside of Kalindi College: NA

HIGHLIGHTS OF THE EVENT:

- Aiming to recycle 200 Kgs of paper to reduce waste and promote sustainability.
- Active participation of students by submitting newspapers, old notebooks, assignments and other waste paper.
- The event brought together students and faculty fostering a collective responsibility towards sustainability.

EVENT DETAILS

Kalpdhra- the Environmental Society of Kalindi College, in collaboration with Green

Globecare, organized an extensive paper collection drive within the college campus

titled 'The Big Paper Recycling Drive' that commencement from 15th January,2025

onwards. The drive was started with a mission of collecting 200 kgs of paper and give

it a second life.

It was a community engagement event with the active participation of the students and

the faculty members. Everyone actively contributed to the drive by giving away newspapers, old notebooks, assignment and other paper.

The BIG PAPER RECYCLING DRIVE began with a motivational speech by the Kalpdhara team, highlighting the significance of recycling and how small steps can

contribute to a cleaner planet. Students enthusiastically donated newspapers, notebooks, and used paper items, working towards the target of collecting 200 kgs of recyclable paper.

The activity wasn't merely about collecting—it fueled reflective conversations on how recycling can conserve trees, minimize waste in landfills, and decrease carbon



PAPER RECYCLING

footprints. Students learned from each other and exchanged ideas on sustainable practices, turning the drive into a dynamic and learning experience. The partnership with GREEN GLOBECARE provided an added level of significance, as they guaranteed that the paper collected would be recycled and reused responsibly. As the activity went on, it was apparent that individual small actions may contribute to a great collective effect. The initiative not only promoted recycling but instilled an environmental awareness culture among the students. Through its mass response and wholehearted participation, the event effectively reinforced the message: "Be part of the solution, not the pollution!"

From Waste to Worth
(Neatly stacked bundles of used paper and notebooks for recycling)

Recycling in Action
(ensuring that every contribution counts towards sustainability)

A Mountain of Impact
(Piles of paper filled sacks showing the active participation and dedication towards waste reduction)



QUIZ & PAINTING COMPETITION



FuFunding agency (Internal / External) and amount: NA
 Name of the Convenor: Dr. Shanuja Beri
 Co-Convenor: Dr. Akansha Rai
 Dr. Sunaina
 Dr. Mirinchonme Mahongnao
 Dr. Pooja Yadav
 Ms. Priya Yadav
 Date: January 31st, 2025 (World Wetland Day)
 Theme: "Inspecting Wetland for Common Future"
 Time: 10:00 AM - 1:30 PM
 Name of the Event: Quiz & Painting Competition
 Venue: Sangam Parisar
 Collaborating agency, if any: JNU - EICP (Environmental Information, Awareness, Capacity Building and Livelihood Programme)
 Number of Students and Faculty: 50
 Total number of students who participated: 23
 Faculty: Dr. Shanuja Beri, Dr. Sunaina, Dr. Akansha Rai, Dr. Mirinchonme Mahongnao, Dr. Pooja Yadav, Ms. Priya Yadav
 Number of participants outside of Kalindi College: NA

HIGHLIGHTS OF THE EVENT

- Participants highlighted their wetlands knowledge in a competitive quiz.
- Other participants expressed their commitment to conservation through impactful posters on saving wetlands.
- A key moment was Prof. Meena Charanda's address, where she acknowledged student participation and emphasized wetland conservation.
- The event concluded with a prize distribution ceremony followed by a group photo, capturing the spirit of participation and achievement

EVENT DETAILS

The Environmental Club of Kalindi College, Kalpdhra, organized a Quiz and Painting Competition in association with JNU-EIACP (The Environmental Information, Awareness, Capacity Building and Livelihood Programme) on January 31, 2025, to commemorate World Wetland Day. The event aimed to raise awareness about wetlands and their significance for our common future.

Participants registered via Google Forms ahead of time, with on-the-spot registrations available due to overwhelming enthusiasm. All volunteers and participants were given badges to boost excitement. Attendance was taken to ensure the smooth execution of the event. Inauguration. Once participants were settled, the event began with a welcoming address by the Hosts, who provided an overview of the day's activities. Instructions were shared for the competition, and extended best wishes to all participants. Planters were also given to the guests: Dr. Sangeeta Goyal (Programme Officer), Mr. Ravent (Information Officer), Ms Ravina Bisht (IT/GS Officer), Ms. Ruchika (Data Entry Operator).

Students came equipped with their stationery, including colors and



QUIZ & PAINTING COMPETITION

brushes, showcasing their eagerness and creativity. Participants created exceptional posters centered around the theme of wetland conservation, expressing their artistic talents and awareness of environmental issues.'

Each participant was tasked with answering quiz questions focused on wetlands, testing their knowledge and sensitivity towards this critical ecosystem. Correct answers were rewarded with biodegradable cups as prizes, aligning with the event's theme of sustainability and environmental consciousness.

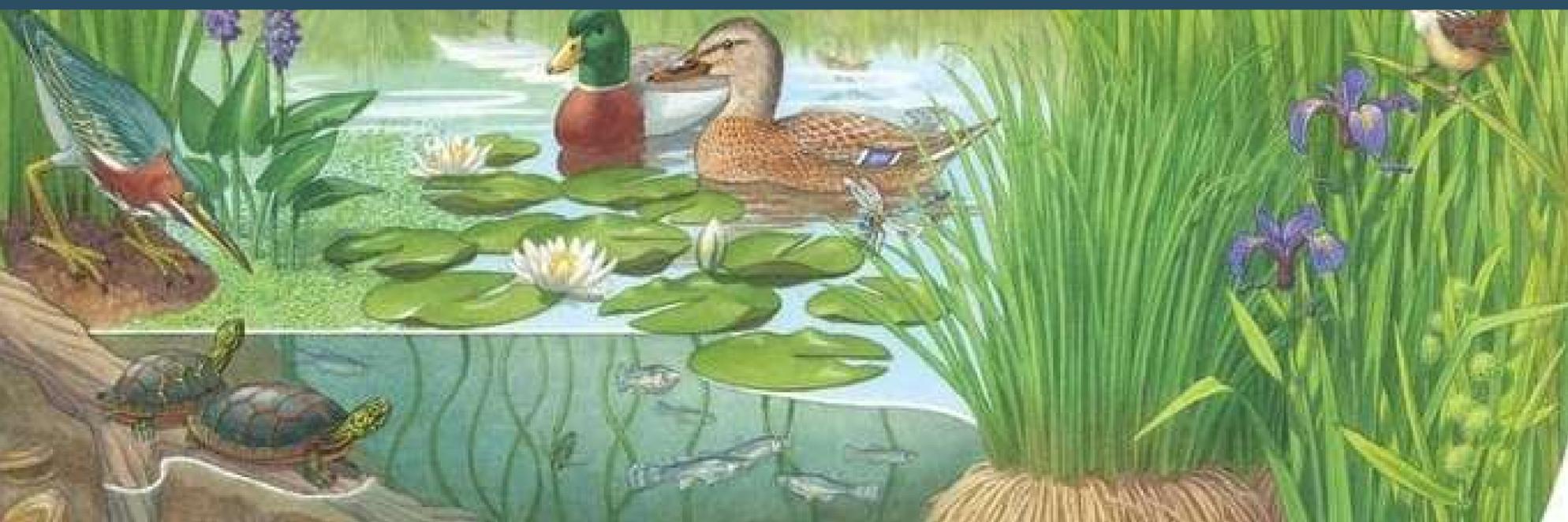
Volunteers captured moments of the event through photographs, ensuring that the vibrant atmosphere and participants' enthusiasm were well documented.

Students actively participated in both the painting and quiz competitions. Their engagement was evident as they not only competed but also enjoyed the creative process of making their artwork.

Students were provided with delightful refreshments during the event. Participants received plantable pens, emphasizing the event's environmental theme. After the time was up, participants submitted their posters for judging. The results were announced shortly afterwards

Winners: 1st Place, 2nd Place, 3rd Place. Two Runners-Up Trophies were awarded to the top three positions, celebrating their achievements.

Conclusion and Acknowledgements: The event concluded with a group photograph, featuring convenors, the Kalpdhra team, and participants. Judges emphasized the importance of participation over winning, encouraging students to continue engaging in environmental activities.



VISIT TO YAMUNA BIODIVERSITY PARK



Funding agency (Internal / External) and amount: NA

Name of the Convenor: Dr. Shanuja Beri

Co-Convenor: Dr. Akansha Rai

Dr. Sunaina

Dr. Mirinchonme Mahongnao

Dr. Pooja

Ms. Priya

Date: 4th February, 2025

Time: 12.30 pm onwards

Collaborating agency, if any: NA

Number of Students and Faculty: 49

Total number of students who participated: 22

Faculty: Dr. Shanuja Beri, Dr. Sunaina, Dr. Akansha Rai, Dr. Pooja, Ms.

Priya

Participants outside of Kalindi College: NA

Name of the Activities:

1. Nature Exploration Walk: Students participated in a guided exploratory walk through the park.
2. Interaction with Park Officials: Students engaged in discussions with park officials about conservation efforts.
3. Photography Session: Students were encouraged to capture the beauty of the park through photography

Event Details

Kalpdhra, the Environmental Club of Kalindi College, organized a Visit to Yamuna Biodiversity Park on February 4th, 2025 at Main Jagatpur Road, Wazirabad. The event gave participants valuable insights into biodiversity, conservation efforts, and the importance of maintaining ecological balance in our environment.

A group of students from various departments took part in this visit. This outing was accompanied by several faculty members who contributed to enhancing the learning experience. The faculty included Convenor Dr. Shanuja Beri, Co-convenors Dr. Akansha Rai, Dr. Sunaina, Dr. Mirinchonme Mahongnao, Dr. Pooja and Ms. Priya along with other dedicated faculty members whose active involvement greatly enriched the visit.

The day began at the college gate, where students came together to prepare for the trip. A bus was arranged to transport the participants to the park, ensuring a comfortable and smooth journey. The presence of faculty members throughout the trip offered essential guidance and support, allowing students to focus entirely on the planned activities for the day.



VISIT TO YAMUNA BIODIVERSITY PARK

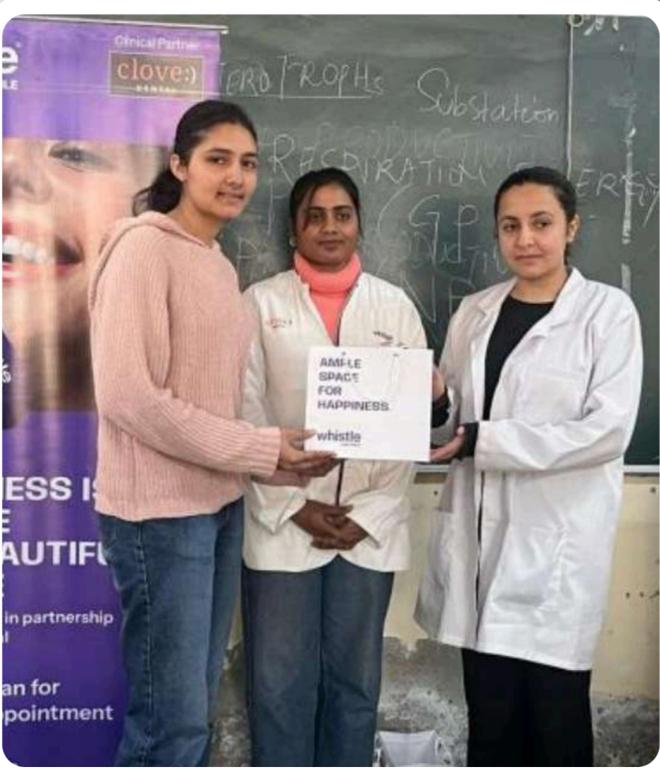
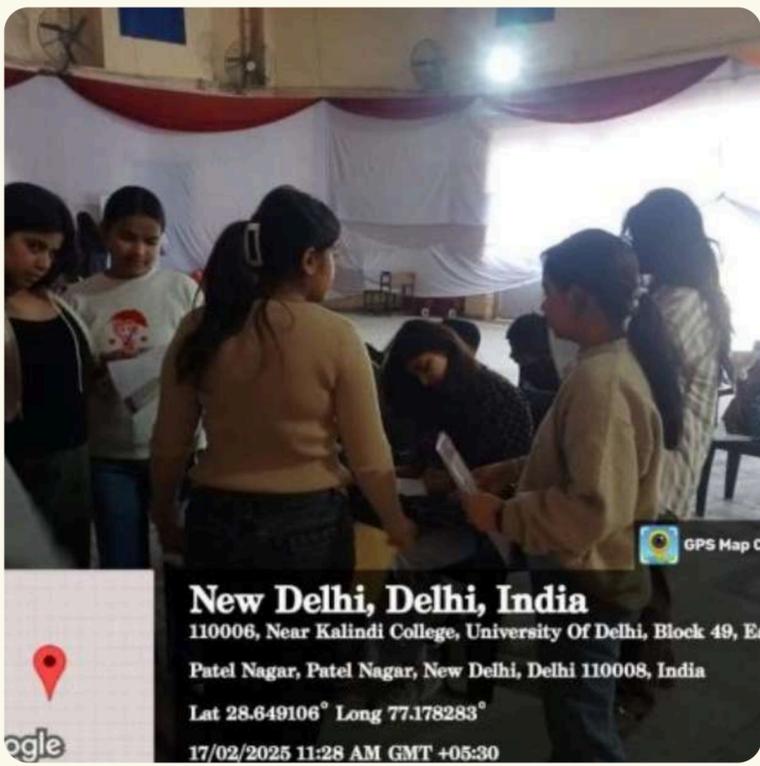
Upon arrival at Yamuna Biodiversity Park, participants were welcomed by a knowledgeable park ranger who served as the guide for the day. The visit commenced with a guided nature walk that highlighted the connection between various ecosystems within the park. Different sections, including wetlands and grasslands, were explored, showcasing the variety of plant species and their roles in the ecosystem. Students learned about the importance of preserving native plants, and gaining insight into the delicate balance of local habitats.

A key part of the visit involved engaging in bird watching, a popular activity among many participants. Equipped with binoculars, students observed several migratory and resident bird species. The ranger shared interesting facts about their habitats, behaviors, and the remarkable migratory patterns of certain birds. This hands-on experience allowed students to connect academic knowledge with real-world observations, enhancing their understanding of birdlife.

A notable highlight of the day was a discussion with a senior park professional, who provided valuable insights into the park's conservation efforts and ongoing projects. This conversation offered students a broader perspective on environmental responsibility and the actions they can take to contribute. Throughout the visit, participants were encouraged to capture the beauty of the park through photography. The vibrant plants, diverse wildlife, and peaceful landscapes provided many opportunities for artistic expression and reflection. As the visit concluded, participants gathered for a discussion to reflect on the insights gained throughout the day. Many expressed a renewed motivation to advocate for biodiversity and take part in ecological activities within their communities. This experience fostered a deeper connection with nature, highlighting the significance of being dedicated to preserving the natural environment.



HEALTH CHECK-UP CAMP



Funding agency (Internal / External) and amount: NA

Name of the Convenor: Dr. Shanuja Beri

Co-Convenors: Dr. Akansha Rai
Dr. Sunaina

Dr. Mirinchonme Mahongnao

Dr. Pooja Yadav

Ms. Priya Yadav

Date: February 17th–19th, 2025

Time: 10:30 AM – 3:30 PM

Name of the Event: Free Health Check-Up Camp

Collaborating Agency: Clove India

Number of Students and Faculty: 40+

Total number of student volunteered: 14

HIGHLIGHTS OF THE EVENT:

- Successfully hosted a Free Health Check-Up Camp for the Kalindi College community.
- Students got the opportunity to work with healthcare professionals and assist in organizing a social welfare event.
- Volunteers managed registration, logistics, and crowd guidance, gaining hands-on event management experience.
- The camp aimed to raise awareness about preventive healthcare and make medical services more accessible.

EVENT DETAILS

The Free Health Check-Up Camp, held from 17th to 19th February 2025, included many useful and well-planned activities to spread health awareness and provide basic medical services to the college community.

On Day 1, the camp began with an opening by teachers and society members. The main focus was on general health and fitness. Doctors from Clove India checked things like blood pressure, body weight (BMI), and did simple dental check-ups. Student volunteers helped with

registration, guided people to the health booths, and handed out leaflets with health tips.

On Day 2, the theme was dental health.

Dentists gave free dental check-ups, while student

volunteers helped organize the flow of people, managed supplies, and kept things clean.

There

were also short sessions where doctors spoke about the importance of brushing properly, eating

healthy, and taking care of your teeth.

Everyone who attended got free dental care kits.

On Day 3, the focus was on health awareness and education. Doctors gave short talks and held interactive sessions about mental health, dealing with stress, and self-care. Students and

teachers also got a chance to speak to doctors one-on-one. At the end, certificates were given to all the volunteers, and the event ended with a group photo and a thank you note from the organizers.



CAMPUS BIRD COUNT



Funding agency (Internal / External) and amount: NA
 Name of the Convenor: Dr. Shanuja Beri
 Co- Convenor: Dr. Akansha Rai
 Dr. Sunaina
 Dr. Mirinchonme Mahongnao
 Ms. Priya Yadav Dr. Pooja Yadav
 Date: 17th February 2025
 Time: 7:30 AM – 8:00 AM
 Name of the Event: Campus Birds Count Activity
 Collaborating agency, if any: eBird Cornell University
 Expert Birder: Mr. Pankaj Gupta
 Number of Students and Faculty: 15
 Total number of students who participated: 09
 Faculty: Dr. Shanuja Beri, Dr. Akansha Rai, Ms. Priya Yadav, Dr. Mirinchonme Mahongnao, Dr. Pooja Yadav
 Number of participants outside of Kalindi College: NA

Highlights of the Event :

- Participants learnt about different bird species present on college campus.
- Learnt about birds habitat and their feeding habits

FLYER OF THE EVENT

- 🌿 Campus Birds Count 2025
- 📣 Discover • Observe • Conserve!
- Kalpधरा - The Environmental Society of Kalindi College, University of Delhi, invites you to Campus Birds Count 2025, hosted by eBird Cornell University.
- ☀️ Why Join?
- 🔍 Spot diverse bird species in their natural habitat
- 🎓 Learn from expert birder Mr. Pankaj Gupta
- 🌍 Contribute to global bird conservation
- 🌅 Enjoy a refreshing morning with nature lovers
- 📅 Date: 17th February
- 🕒 Time: 7:30 - 8:30 AM
- 📍 Venue: Kalindi College Campus
- 👥 Organizing Team:
- 🎓 Prof. Meena Charanda – Principal
- Dr. Shanuja Beri – Convenor
- Dr. Akansha Rai – Co-Convenor
- Dr. Sunaina – Co-Convenor
- Dr. Pooja Yadav – Co-Convenor
- Dr. Mirinchonme – Co-Convenor
- Ms. Priya Yadav – Co-Convenor
- 🌿 Kalpधरा Team
- 📣 Spread the word & bring your friends!
- Let's make this bird count unforgettable! 🌍
- 🦅❤️





Kalpdhra-The Eco Club of Kalindi College organized the Campus Birds Count, an engaging and informative activity on 17th February 2025 as part of the Great Backyard Bird Count, hosted by eBird Cornell University. The event focused on observing and identifying various bird species present on the Kalindi College campus. The primary objective was to help students understand local avian biodiversity, their habitats, feeding habits, and nesting behaviors, while also raising awareness about bird conservation and ecological balance. This initiative aimed to promote environmental consciousness and encourage students to appreciate the importance of preserving local wildlife and ecosystems.

A total of _____ students from various departments participated enthusiastically under the guidance of faculty members, including Convenor Dr. Shanuja Beri Ma'am, and Co-Convenors Dr. Akansha Ma'am, Dr. Priya Yadav Ma'am, Dr. Pooja Yadav Ma'am, and Dr. Mirinchonme Mahongnao Sir. The faculty members encouraged and guided students in bird identification and documentation techniques.

The activity enhanced students' understanding of bird diversity and ecological roles. Several bird species, including Asian Koel, Laughing Dove, Black Kite, Indian Grey Hornbill, Brown Headed Barbet and many more were spotted feeding, shelter, and breeding.

This activity had a significant educational impact, providing students with hands-on experience in birdwatching and biodiversity documentation. It deepened their understanding of bird ecology and conservation, highlighting the interdependence of species and their habitats. By engaging directly with nature, students connected theoretical knowledge with real-world observations, fostering a greater appreciation for biodiversity and environmental conservation.



TALK ON CERVICAL CANCER SCREENING



Funding agency (Internal / External) and amount: NA

Name of the Convenor: Dr. Shanuja Beri

Co- Convenor : Dr. Akansha Rai

Dr. Sunaina

Dr. Mirinchonme Mahongnao

Dr. Pooja Yadav

Ms. Priya Yadav

Date: February 19th, 2025

Time: 12:30 PM

Name of the Event: Talk on Cervical Cancer Screening

Collaborating agency, if any: Pathkind Diagnostics Pvt. Ltd.

Number of Students and Faculty: 66

Total number of students who participated: 61

Faculty: Dr. Shanuja Beri, Dr. Sunaina, Dr. Akansha Rai, Dr. Pooja Yadav, Dr. Mirinchonme Mahongnao, Ms. Priya Yadav

Number of participants outside of Kalindi College: NA

HIGHLIGHTS OF THE EVENT:

- Informative talk on cervical cancer screening which spread awareness amongst students.
- The doctor made students aware about the causes and symptoms and screening measures

EVENT DETAILS

Kalpdhara - The Eco Club of Kalindi College organized a **Talk on Cervical Cancer**

Screening, an engaging and informative lecture on **19**

th February, 2025 which

focused on raising awareness about cervical cancer was held at Seminar Room,

Kalindi College for students.

The session was conducted by Dr. Isheeta S. Ahuja, a

specialist in cancer prevention and

treatment. The goal of the event was to educate

students on the importance of early

detection, prevention, and maintaining healthy

habits to reduce the risk of the same.

Many students from various

departments participated

enthusiastically in the talk, with

the faculty members including

Convenor **Dr. Shanuja Beri, and Co**

Convenors Dr.

Alkansha Rai, Dr. Sunaina, Dr.

Mirinchonme Mahongnao, Dr. Pooja

Yadav and

Ms. Priya Yadav. Apart from the

convenors and co convenors, several

other faculty

members joined to get informative

insights from the lecture. Dr. Isheeta S.

Ahuja began by discussing cervical

cancer, explaining its key risk

factors. The talk emphasized the

importance of getting vaccinated to

reduce the risk

of cervical cancer later in life.



TALK ON CERVICAL CANCER SCREENING

Dr. Isheeta also spoke about the importance of regular health screenings, such as the Pap smear, which can detect changes in the cervix that may lead to cancer.

She encouraged students to take proactive steps towards their health and to consider vaccination as a preventive measure.

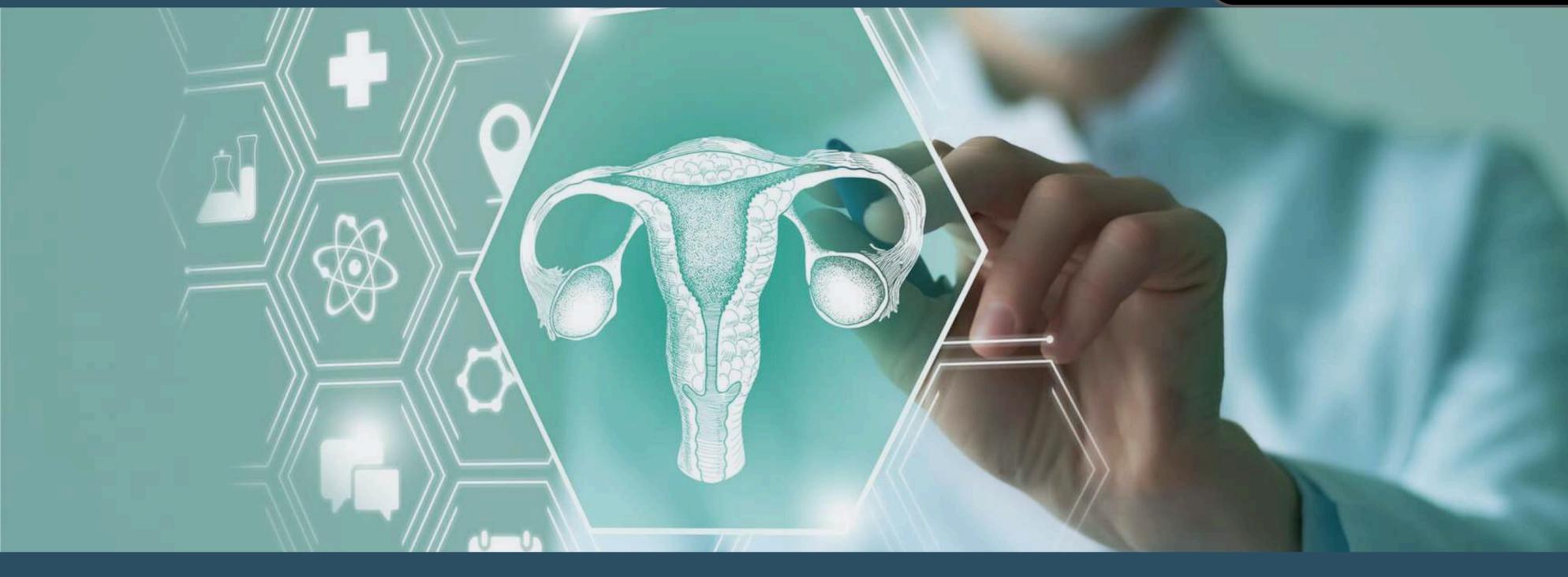
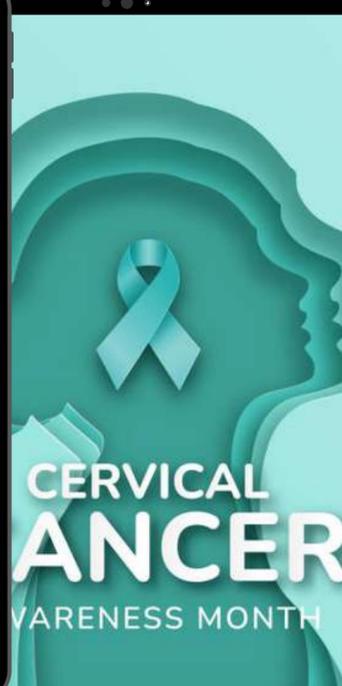
A key message throughout the talk was the importance of adopting healthy lifestyle habits to reduce the risk of cervical cancer.

Dr. Isheeta S. Ahuja recommended eating a balanced diet, exercising regularly, avoiding smoking, and limiting alcohol consumption, and how these habits can contribute to overall health and well-being.

The students were engaged and asked several thoughtful questions during the session, including when to schedule regular health check-ups. Dr. Isheeta S. Ahuja provided clear and practical advice, ensuring that students understood the steps they can take to protect their health.

In conclusion, the talk was an informative and valuable experience for the students, helping to raise awareness about the risks of cervical cancer.

The session provided practical advice on prevention and the importance of early detection, leaving students with a greater understanding of how they can take charge of their health.



ANNUAL FEST



ANNUAL FEST

Funding agency (Internal / External) and amount:

NA

Name of the Convenor: Dr. Shanuja Beri

Co-Convenor: Dr. Akansha Rai

Dr. Sunaina

Dr. Mirinchonme Mahongnao

Dr. Pooja

Ms. Priya

Date: 5th March, 2025

Theme: "Small actions, big impact against microplastics"

Time: 9:00 -

5:00 PM

Name of the Event: Eco Ripple'25, Annual fest of Kalpdhra

Venue: Collaborating agency, if any:

Faculty: Dr. Shanuja Beri, Dr. Sunaina, Dr. Akansha Rai, Dr. Mirinchonme Mahongnao, Dr Pooja Yadav, Ms. Priya Yadav

Number of participants outside of Kalindi College: yes

- Competition, and Trash To Trend projects, showcasing creativity and environmental awareness.
- The band ' Tickify ' captivated the audience with high-energy performances, enhancing engagement and creating an electrifying atmosphere.
- All participants received certificates, with winners honored for their exceptional contributions, while judges encouraged continued involvement in environmental initiatives beyond the event.

EVENT DETAILS

The Environmental Club of Kalindi College, Kalpdhra, organized its Annual Fest and 'Eco Ripple' '25 & Start-Up Mela, which was held on March 5, 2025, celebrating environmental awareness and entrepreneurship. The event was held in collaboration with the Entrepreneurship Skill Development and Innovation Cell.

The event commenced with an auspicious lamp-lighting ceremony performed by esteemed guests and faculty members, setting a positive tone for the day's activities. Convenor Dr. Shanuja Beri Ma'am delivered a compelling opening address, emphasizing the significance of environmental initiatives and the urgent need for collective action.

HIGHLIGHTS OF THE EVENT

- The event began with a traditional lamp-lighting ceremony, led by esteemed guests and faculty, setting a positive tone for the day.
- Dr. Shanuja Beri Ma'am emphasized the importance of environmental initiatives, while Mr. Sachin Kumar Jha Sir inspired students with career opportunities in sustainability.
- Students participated in various competitions, including Poster Presentations, Eco Voices debates, Eco Quest innovations, a Dance



Mr. Sachin Kumar Jha Sir, a career counselor from the Indian Institute of Gems and Jewellery, led a session that explored career opportunities related to sustainability and innovation, inspiring students to align their professional goals with environmental management. Following this, co-convenor Dr. Akansha Rai Ma'am expressed heartfelt gratitude to all involved, highlighting the collaborative spirit of the event.

Dr. Paulraj Rajamani, former Dean of the School of Environmental Sciences at JNU, presented an insightful talk on environmental conservation, engaging the audience with valuable knowledge.

Co-convenor Ms. Priya Yadav Ma'am extended thanks to the speakers and guests for their contributions, while the convenor concluded the session with a formal vote of thanks, recognizing the efforts of volunteers and participants in making the event a success.

Competitions:

1. Poster Presentation : Centered on the theme "Small Actions, Big Impact." This event encouraged students to showcase innovative environmental solutions through creative posters on topics like sustainability, climate change, and conservation. Participants presented their work to both an audience and judges, engaging in a lively question-and-answer session that promoted collaboration and discussion.

2. Eco Voices - The Green Debate : aimed to raise awareness on environmental issues through lively discussions. Participants presented arguments on topics like climate change, renewable energy, and sustainability. Audience engagement was emphasized through a Q&A session, allowing for dynamic exchanges between speakers and attendees. This format not only promoted critical thinking and public speaking skills but also fostered a culture of environmental responsibility.

3. Eco Quest: aimed to deepen participants' understanding of environmental challenges and promote innovative thinking under the theme "Exploring Eco-Friendly Innovations." The event encouraged students to tackle environmental issues creatively, fostering teamwork through both individual and group participation. Teams presented their innovative solutions through presentations, posters, and live demonstrations, covering topics such as renewable energy, water conservation, sustainable agriculture, and biodiversity conservation. Presentations included discussions on feasibility and impact.

Performances: The Fest showcased a vibrant celebration of sustainability through music and performances. The performers, Prince, Bhavuk, and Hriday from the band 'Tickify', delivered



4. Ritu Rang - Dance Competition: This lively event celebrated cultural diversity through dance, providing students with a platform to showcase their skills and embrace their traditions. The competition aimed to promote cultural expression, enhance participants' artistic abilities, and foster a spirit of friendly competition. During the event, individual participants and teams performed various dance styles representing different cultures. Judges evaluated the performances based on criteria such as creativity, technique, and stage presence.

5. Trash To Trend - Use of Plastic waste in a creative way : aiming to inspire students to creatively transform plastic waste into innovative solutions for environmental sustainability. The event encouraged participants to express their creativity by utilizing plastic waste in unique ways, while also raising awareness about plastic pollution and fostering skill development in research, public speaking, and presentation. Open to individuals and teams, participants created projects that incorporated plastic waste into functional designs or art. They presented their work to an audience and a panel of judges, discussing innovative recycling methods, upcycling strategies, and community engagement initiatives.

All participants were awarded certificates for their involvement in the Eco Ripple'25 event. The winners received special recognition and prizes for their exceptional performances.

dynamic performances that captivated the audience. The atmosphere during the event was electrifying, characterized by high-energy interactions between the performers and attendees. College students particularly enjoyed the band's performance, singing along and creating a positive environment that significantly enhanced audience engagement.

Conclusion and Acknowledgements:

The event concluded on a high note with a group photograph that included convenors, participants, and guests, symbolizing a successful day filled with learning and engagement. This moment represented not only the collective effort put forth by everyone involved but also the shared commitment to environmental issues. The judges took the opportunity to emphasize the importance of participation, urging attendees to continue their involvement in environmental activities beyond the event. Their words served as a reminder of the ongoing responsibility to foster a culture of sustainability within the community.

Moreover, Eco Ripple '25, alongside the Start-Up Mela, successfully integrated the themes of environmental consciousness and entrepreneurial spirit, creating a platform that inspired students to consider innovative solutions for a better future.

