

VAC Semester 1 (2025-26) Time Table

Sr. No.	Name of the VAC Paper-1	Name of the teacher and room number for Monday, VII period	Name of the teacher and room number for Monday, VIII period	Name of the teacher and room number for Friday, V period	Name of the teacher and room number for Friday, VI period
1.	Vedic Mathematics-I (Mathematics)	Dr. Abhishek Kumar Singh (Room No. -38)	NA	Dr. Rajni Kanwar (Room No. -17)	Dr. Rajni Kanwar (Room No. -17)
2.	Fit India (Section 1, Physical Education)	Mr. Anand sports ground	Mr. Anand sports ground	Mr. Anand sports ground	Mr. Anand sports ground
3.	Fit India (Section 2, Physical Education)	Ms. Priya sports ground	Ms. Priya sports ground	Ms. Priya sports ground	Ms. Priya sports ground
4.	Financial Literacy (Section 2, Economics)	Dr Shalini Agarwal, Room no 22	Dr Shalini Agarwal, Room no 22	NA	Dr Shalini Agarwal, Room no T-2
5.	Reading Indian Fiction in English (English)	Meera, T 12	NA	Meera, SA- 4	Meera, T 12
6.	Social and Emotional Learning (Chemistry)	Dr. Kapil Mohan Saini, AB1	Dr. Kapil Mohan Saini, AB1	Dr. Kapil Mohan Saini, AB1	NA
7.	Digital Empowerment (Section 1, Chemistry)	Dr. Rajita, Teacher Cyber Centre	Dr. Rajita, Teacher Cyber Centre	Dr. Rajita, Teacher Cyber Centre	Dr. Rajita, Teacher Cyber Centre
8.	Science and Society (Botany)	Dr Soma Ghosh, SA 6	Dr Soma Ghosh, SA 6	Dr Soma Ghosh, SA 6	NA
9.	National Cadet Corps-I (NCC)	Dr Arti Singh practical parking area	NA	Dr Arti Singh tri-7	Dr Arti Singh practical parking area
10.	Digital Empowerment (Section 2, Computer Science)	Dr Rajani (Guest Teachers)Computer Lab-2	Dr Rajani (Guest Teachers)Computer Lab-2	Dr Rajani (Guest Teachers)Computer Lab-2	Dr Rajani (Guest Teachers)Computer Lab-2
11.	Emotional Intelligence (Commerce)	Dr. Nupur Kashyap and AB31	Dr. Nupur Kashyap and AB31	N.A.	Dr. Nupur Kashyap and SA1
12.	Financial Literacy (Section 1, Commerce)	Ms. Monu Chaudhary and Tri5	Ms. Monu Chaudhary and Tri5	Ms. Monu Chaudhary and Student Cyber center Lab 2	N.A.
13.	The Art of Being Happy	Mr Kapil Kumar (AB-	Mr Kapil Kumar (AB-	Dr Aravind Kumar	NA

	(Physics)	6)	6)	(Physics lab -1)	
14.	साहित्य, संस्कृत और सिनेमा (Hindi)	डॉ आरती पाठक कक्ष संख्या AB 12	.	डॉ आरती पाठक कक्ष संख्या AB 12	डॉ आरती पाठक कक्ष संख्या 12
15.	Ethics and Values in Ancient Indian Traditions (History)	Dr. Garima Prakash, AB-8,	Dr Garima Prakash, AB-8	NA	Dr. Garima Prakash, AB-8

VAC Semester III (2025-26) Time Table

Sr. No.	Name of the VAC Paper-1	Name of the teacher and room number for Tuesday, VII period	Name of the teacher and room number for Tuesday , VIII period	Name of the teacher and room number for Saturday , V period	Name of the teacher and room number for Saturday , VI period
1.	The Art of Being Happy (Botany, Section 2, 2 Pr)	Ms. Rakhi Solanki, SA6	NA	NT4, SA6	NT4, SA6
2.	Emotional Intelligence (Commerce, Section 1)	NT 3 and AB21	NT 3 and AB21	NT 3 and Tri 5	N.A.
3.	Emotional Intelligence (Commerce, Section 2)	N.A.	NT 5 and Tri 6	NT 5 and AB 11	NT 5 and AB 11
4.	Ecology and Literature (English)	Sushrut Bhatia, TRI 12	NA	Sushrut Bhatia, AB 34	Sushrut Bhatia, AB 34
5.	Ethics and Culture (English)	NA	Aastha Yadav, TRI 7	Keertika Lotni, TRI 11	Keertika Lotni, TRI 11
6.	The Gita: Navigating Life Challenges (English)	Pallavi Srivastava, TRI 11	Pallavi Srivastava, TRI 11	Pallavi Srivastava, SA 4	NA
7.	Gandhi and Education (Political Science)	NT 2, T-9	NT 2, T-9	NT 2, AB-7	NA
8.	Swachh Bharat (History)	Dr. Nutan pandey tri 4	Dr. Nutan pandey tri 4	Dr. Nutan Pandey tri4	NA
9.	Social and Emotional Learning (Chemistry)	Dr. Rajesh Kumar Meena, AB-1	Dr. Rajesh Kumar Meena, AB-1	Dr. Rajesh Kumar Meena, AB-1	NA
10.	Digital Empowerment (Chemistry, Section 1)	Dr. Shiv Kumar, Teacher Cyber Centre	Dr. Shiv Kumar, Teacher Cyber Centre	Dr. Shiv Kumar, Teacher Cyber Centre	Dr. Shiv Kumar, Teacher Cyber Centre
11.	Financial Literacy (Economics)	Dr Bhaironath Jaiswal, AB 19	Dr Bhaironath Jaiswal , AB 19	Ms Komal, AB 18	NA

12.	Fit India - Physical Education (Section 1)	Mr.Anand sports gruond	Mr.Anand sports gruond	Mr.Anand sports gruond	Mr.Anand sports gruond
13.	Fit India - Physical Education (Section 2)	Ms.Priya sports ground	Ms.Priya sports ground	Ms.Priya sports ground	Ms.Priya sports ground
14.	Fit India - Physical Education (Section 3)	Mr.Rahul sports ground	Mr.Rahul sports ground	Mr.Rahul sports ground	Mr.Rahul sports ground
15.	Indigenous Sports- Physical Education (Section 1)	Dr.sudha pandey sports ground	Dr.sudha pandey sports ground	Dr.sudha pandey sports ground	Dr.sudha pandey sports ground
16.	Indigenous Sports- Physical Education (Section 2)	Mr.Gagan sports ground	Mr.Gagan sports ground	Mr.Gagan sports ground	Mr.Gagan sports ground
17.	Indigenous Sports - Physical Education (Section 3)	Ms.Pooja sports ground	Ms.Pooja sports ground	Ms.Pooja sports ground	Ms.Pooja sports ground
18.	Vedic Mathematics-II (Mathematics)	Dr. Abhishek Kumar Singh, Room No. 18	NA	Dr. Abhishek Kumar Singh (Room No.- 38)	Dr. Abhishek Kumar Singh (Room No.- 38)
19.	Vedic Mathematics-III (Mathematics)	Mr. Hari Kishan Bhardwaj (Room No.- 17)	Mr. Hari Kishan Bhardwaj (Room No.- 17)	Dr. Rajni Kanwar, (Room No. 17)	NA
20.	The Art of Being Happy (Physics, Section 1, 2 Pr)	Ms Pooja Devi (AB-6)	Ms Pooja Devi (AB-6)	NA	Ms. Rakhi Solanki, AB 19
21.	Yoga: Philosophy and Practice (Sanskrit)	NA	DR Vimlesh kumar thakur AB23	DR Vimlesh kumar Thakur Room no 23	Dr vimlesh kumar Thakur Room No 23
22.	Ayurveda and Nutrition (Sanskrit)	Dr shiv kumar room no 5	Dr shiv kumar room no5	Dr shiv kumar Room no AB4	NA
23.	National Cadet Corps-III (NCC)	Dr.Arti Singh practical parking area	NA	Dr Arti Singh tri-7	Dr arti singh parking area
24.	Digital Empowerment (Computer Science, Section 2)	Anshula Sangwan, CS lab - 1	Anshula Sangwan, CS Lab - 1	Anshula Sangwan, CS Lab - 1	Anshula Sangwan, CS lab - 1