

KALINDI COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION,
GE Time Table 2023-24(Even Sem)
Dr. Sudha Pandey ,Assistant Professor

Day	I 8.30 am	II 9.30 am	III 10.30am	IV 11.30 am	12.30	V 1.00 pm	VI 2.00 pm	VII 3,00 pm	VIII 4.00 pm
Monday	OFF	D A Y			B				
Tuesday	GE-II STRESS MANAGEMENT (SP)				R				
Wednesday	GE -IV YOGA AND STRESS MANAGEMENT (SP)				E	Activity Period Aerobics (SP)			
Thursday					A	GE-1I STRESS MANAGEM ENT (SP)	GE-1I STRESS MANAGEM ENT (SP)	GE -1I PRACTICAL STRESS MANAGE MENT (SP)	GE -1I PRACTICAL STRESS MANAGEMENT (SP)

