REPORT

2021-22

Cell- Women's Development Cell

1.Name of activity -WORKSHOP "Stand Up Against Street Harassment"

COLLABORATION WITH (BREAK THROUGH) NGO

Date-13th September, 2021, Time -4 PM onwards.

Resource Person: Ms. Shilpi Singh

Hosted By: Ms. Madhuri (on behalf of WDC, Kalindi College)

Students participants -65

Funding agency –NA Collaboration agency –NA Event Report

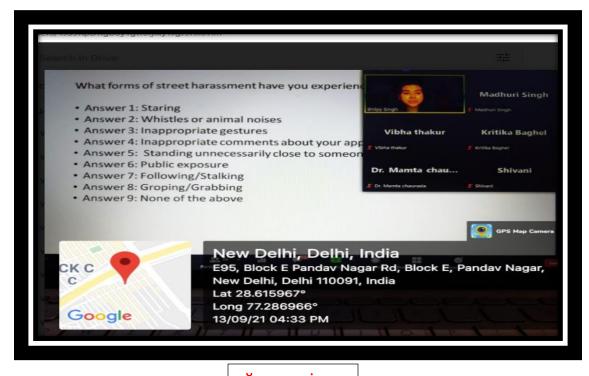
This workshop was directed at addressing the problem of harassment at streets, to work towards gathering the courage to raise one's voice against harassment of that kind. It began by laying out before us the disturbing stats that state that only 28% of women were helped in the face of such harassment, while the same is shown to be an everyday experience for women. The feeling of helplessness women go through in the face of such everyday harassment calls for the need to address the issue and work towards creating a system of care to mitigate primarily this feeling of helplessness.

The outcomes of the workshop were to deepen the understanding of harassment, and to learn to intervene and respond in the face of harassment. The resource person briefed the participants about the two NGO's she is associated with, Breaththrough and Hollaback, which are at the moment at work in five different states across the country that work towards making violence against women unacceptable.

The workshop itself went over the different strategies to help deal with, intervene and also cope with experiences of harassment. The resource person gave specific examples which showed ways in which one could intervene by means of delaying, distracting, documenting and delegating at the time of encounter with a harasser.

It also dealt with ways in which one could offer help when one bears witness to harassment in public spaces. It went into the nuances of crowd behavior that awaits the others to intervene which stalls the process and in effect enables the harassment culture in public spaces. It in the final analysis was an eye-opener of an event for the participants who inspired to "speak up" both for themselves and their fellow women and collectively work towards safer spaces for women. The event was concluded with a vote of thanks done by Dr. Vibha Thakur, on behalf of the WDC, Kalindi College.





ऑनलाइन संवाद

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REPORT 2021-22 WDC REPORT JULY 2022

2.WORKSHOP ON GENDER SENSITIZATION

- Department/Committee/Cell/Cultural Clubs, Others: Women's Development Cell, Kalindi College
- Name of the activity: Stand Up against Street Harassment in collaboration with MoA partner, BREAKTHROUGH
- Funding Agency (Internal/External) and Amount: MoA terms
- Name of the TIC/CONVENER/COORDINATOR/NODAL OFFICER/OTHER: Dr. Anita Tagore
- Date/s (-to-) and time (-to-) of activity: 15th September, 2022

Collaborating agency if any: BREAKTHROUGH

- Number of students and teachers: 65
- Number of participants outside Kalindi College: None

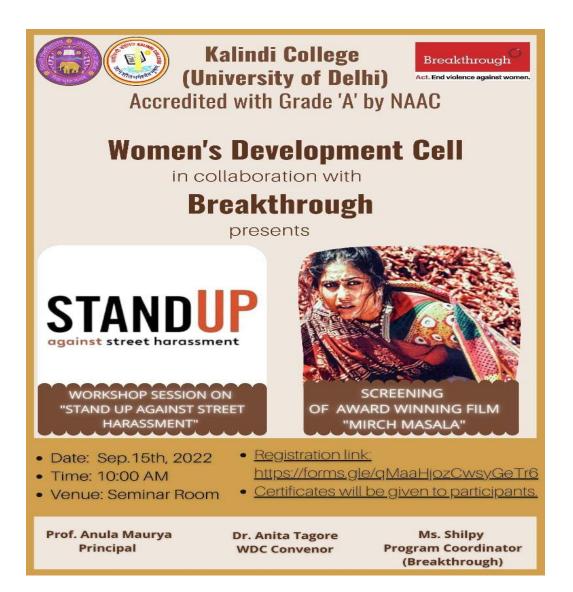
REPORT

WOMEN'S DEVELOPMENT CELL in collaboration with MoA partner BREAKTHROUGH under the giudance of WDC ConvenorDr. Anita Tagore, organised a workshop on 15th september,2022on "STAND UP AGAINST STREET HARASSMENT" followed by the screening of the award winning "MIRCH MASALA" to encourage the young students to break the silence and intervene in Sexual harassment to create a world wherein every individual can live a life with dignity, equality and justice. The program Standup Against Street Harassment, training is designed to inspire students to effectively respond when they witness or experience street harassment. Shetalked about what can harassment looks like - from micro aggressions to violence — and how Holdback's 5D"s of bystander intervention can help: distract, delegate, document, delay, and direct. Also, he talked about how to prioritize our own safety while intervening and how to respond if we get harassed. This has built awareness and intervention strategy to the students and ultimately leads to a safe campus for women and girls.

Thereafter, screening of the movie MIRCH MASALA was held with the motive of raising the issues like **gender relations and power, discrimination, ethnicity, class stereotypes, conformity**etc. amongst students. These topics are still being hotly debated in the present day scenario, are galvanized through the narrative of the film. "Mirch Masala" depicts the cruelty and injustice meted out by bureaucratic power towards common people, who are marginalized and disenfranchised and have to bear severe hardships. This scenario mirrors today's society starkly. Women are subjugated to deep-rooted patriarchal oppression. Girls are forbidden to attain a

proper education. The characters in the film are naive and illiterate, unaware of current events gripping the country. Finally, it is the strength of unity shown by the women in fighting their oppressor that forms the pivotal moment in the film and establishes revolutionary sentiments among the women.







SESSION









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Cell- Women's Development Cell Name of activity -LECTURE ON HEALTH AWARENESS

WDC WEBINAR on Women Health: Taking Care of Our Bodies

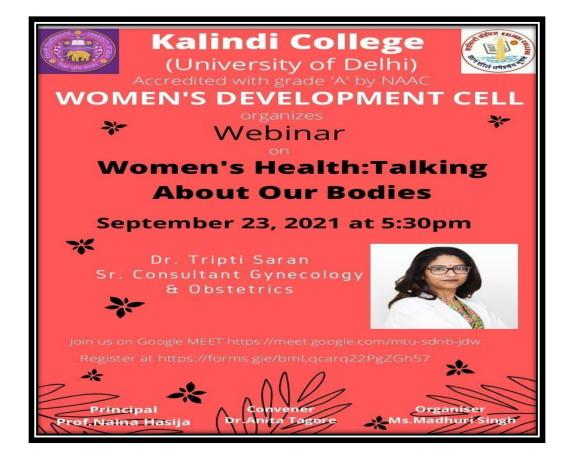
Thursday, 23 Sep 2021 **Time:** 5:30 – 6:30 PM **Venue:** Over Google Meet Number of participants 69 Funding agency –NA Collaboration agency –NA

The Women's Development Cell, Kalindi College, University of Delhi, organized a webinar on women's health, titled "Women Health: Taking Care of Our Bodies". Dr. Anita Tagore introduced

resource person Dr. Tripti from BLK Hospital, the latter who has a specialization in the subject of women's health. This webinar covered a range of concerns and issues regarding women's health. More importantly it addressed the more particular health issues that women in the south asian context would face which made the talk instantly a matter of keener interest in the students and faculty that constituted the audience. The speaker listed out the various contraceptive methods and went over the pros and cons of the different methods and urged the participants to treat these things without prejudice. The latter also spoke of menstrual health and provided the different methods of treating the very prevalent and now common cases of PCOD and PCOS. She emphasized the need to be educated about one's own body and how it works and more importantly about hormonal health. Since the latter is directly related to gut health and lifestyle in general, she stressed upon the need to have an over healthy lifestyle and provided us with very important guidelines on how to maintain a healthy lifestyle. There were about 90 participants in all and most of them asked their very specific questions and concerns during the Q&A session after the talk. This rather dynamic session was moderated by Ms. Madhuri. Afterwards, Dr. Baljit Kaur concluded the session by rendering a vote of thanks to the resource person and those present at the event.

POSTER

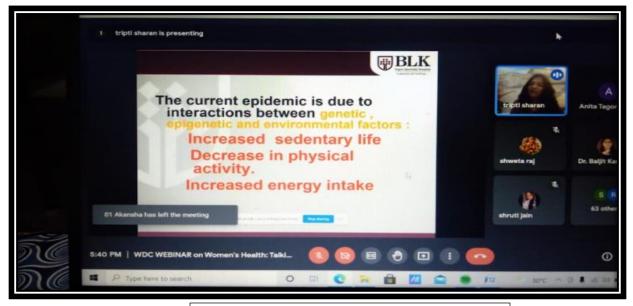
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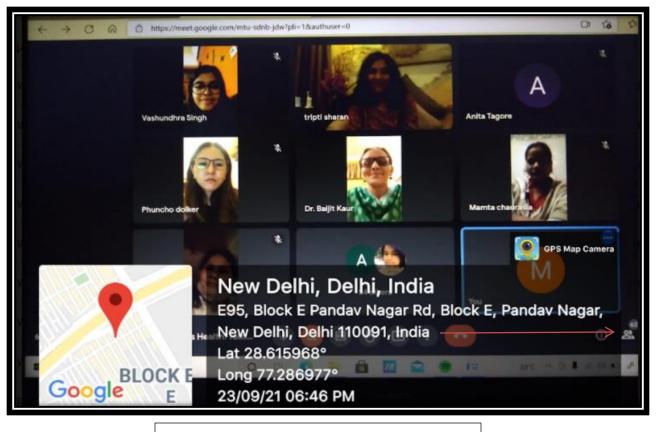
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ATTENDENCE - 62 STUDENTS AND TEACHERS

CERTIFICATE- NA