







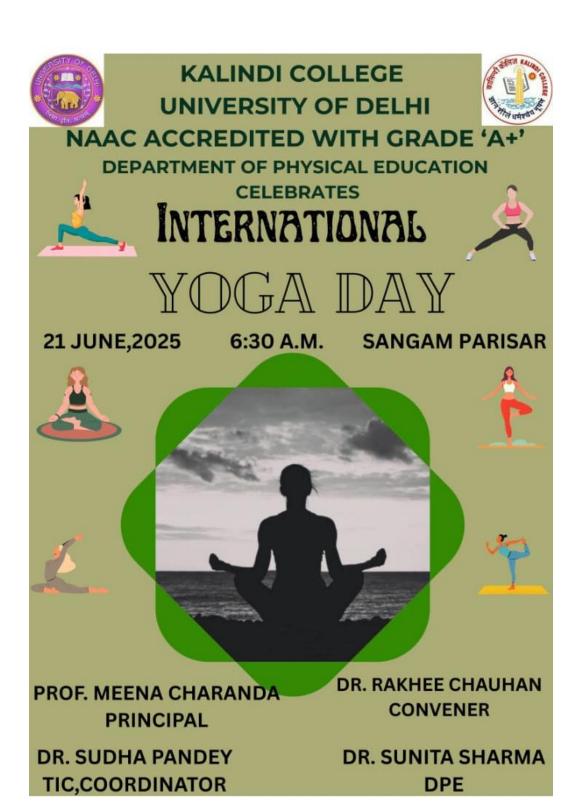






On the occasion of National sports day under the ages of Khelo India and Fit India Campaign from 28-31<sup>st</sup> August department organised different sports and recreational activities such as skipping race, sack race, plank and bridge competition etc. Department received certificate of appreciation from ministry of Youth Affairs and Sports.

**INTERNATIONAL YOGA DAY 2024-25** 













## YOGA SANGAM PATRA

This is to certify that

M/s Kalindi College, University of Delhi

organized Yoga Sangam event to mark the International Day of Yoga on 21st June 2025.

The event was organized

at Sangam Parisar

and had the participation of 150

people.

It is also to certify that this event was held simultaneously and in harmony with the national event of
International Day of Yoga 2025, led by the Hon'ble Prime Minister at

Visakhapatnam, Andhra Pradesh.

Prataprao Jadhav

Union Minister of State (IC), Ministry of Ayush and Minister of State, Ministry of Health and Family Welfare

Date: 21th June 2025 New Delhi



## KALINDI COLLEGE UNIVERSITY OF DELHI

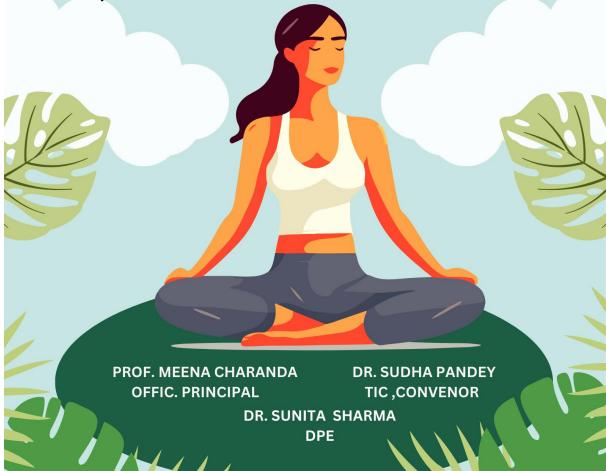
DEPARTMENT OF PHYSICAL EDUCATION CELEBRATES

## WORLD MEDITATION

21 DEC, 2024

**DAY** 8:30 A.M.

**YOGA ROOM** 



Department celebrated World Meditation Day on 21<sup>st</sup> Dec in yoga room in which students learn about the process of meditation and the importance of its daily practice to manage the stress.



