

Annual Report 2023-24

Community Outreach Cell

Convener: Dr. Geeta Kumari

Co-Convener: Dr. Usha Kumari Pathak

The community outreach cell focusses on imparting awareness about the various kinds of problems existing in slums and provide possible solutions to them. The basic aim of community outreach cell is to educate and train the students to work at grass-root level in vulnerable areas and to train and create awareness among the economically deprived section of society. Outreach programs also serves as a means to connect organizations or institutions with the broader community, fostering engagement, awareness, and support. Some common objectives of outreach programs are:

1. Awareness and Education
2. Social Impact
3. Health and Wellness
4. Youth Development
5. Environmental Stewardship

THE HANDWASH AWARENESS: COMMUNITY OUTREACH HEALTH PROGRAM

Date: February 9, 2024

Organized by: Department of Geography, Kalindi College, University of Delhi

Introduction:

On February 9, 2024, the esteemed Department of Geography, of Kalindi College, University of Delhi, undertook a vital initiative “The handwash awareness: community outreach health program” under the insightful guidance of Dr. Geeta Kumari and Dr. Ganesh Yadav after the commendatory approval of our esteemed Principal, Prof. Meena Charanda and Tic, Prof. Seema Sahdev. The program aimed to ingrain the basic habit of hand washing among the residents of the slum community at Pusa Road, Patel Nagar in New Delhi.

Team Composition:

The collective efforts of the determined students resulted in a successful visit. Students from the team of office bearers namely Rimpi Negi, Saloni Singh, Shaheen, Ila Arun Marwaha, Anindya, and Pragati Mishra along with Simran from the community outreach cell of department of Geography, Kalindi College encompassed the team for the visit.

Visit Details:

The awareness program started from 12 pm onwards and the team ventured into the slum, which comprised approximately 200 houses housing 500-600 residents. The focus of the team was to disseminate the basics of hand wash among the community along with gathering insights about their hygiene practices.

Aim and Purpose

The students had an aim to cover the majority areas with high concentration of the residents to galvanize the masses. The purpose was to not only teach the basics of hand wash among the children but also to engage the adults in the discussions and instill these values to the fullest among them. While some residents embraced this information with enthusiasm and pledged to disseminate it, others showed varying degrees of interest.

Community Response:

It was truly laudable to watch the active and enthusiastic residents engaging with the team of students to grasp the in-depth importance of the basic hygiene and hand washing routine. The residents reflected pure interest and optimism while practicing the hand wash gestures. Nevertheless, positive feedback was received, motivating our team to address any barriers hindering active participation in future sessions.

Suggestions for Improvement

- Community Involvement: Collaborate with local influencers or community leaders to encourage wider participation.
- Feedback Mechanism: Establish a feedback system to understand community preferences and adapt the program accordingly.

Team Experience:

Stepping into the lanes of the Pusa Road slum community was an enticing experience for our dedicated team. Through their pragmatic approach, a rapport formation took place with the residents, encouraging the team to put forward maximum contribution to their welfare, hence the students learned the animating principle in all aspects. The team also explored the inspiring stories and struggles of the residents. The dynamic exchange between our team and the community revealed the complexities of urban living in a confined space. The children, in particular, displayed an admirable curiosity, soaking in every piece of information shared during the session. Amidst the tightly-knit homes and makeshift structures, we encountered varying degrees of receptiveness.

The overall experience resulted in the unequivocal answer of a successful visit and information dissemination. As we reflect on this meaningful experience, we carry forward a commitment to continued engagement, adaptation, and empowerment in our pursuit of building resilience and fostering awareness. The glimpses of the active interaction of our team have been captured along with the appreciable engagement of the slum residents. The following graphics not only depict the success of our visit but also highlights the significance of spreading awareness.







Conclusion

The Department of Geography at Kalindi College takes pride in the successful initiation of the “The Handwash Awareness: Community Outreach Health Program” in the slum community of Pusa. As we continue our efforts, we remain dedicated to tailoring approaches to better meet the community’s needs and ensuring broader participation.

THE WATER SANITATION & HYGIENE: COMMUNITY OUTREACH PROGRAM

Date: February 17, 2024

Organized by: Department of Geography, Kalindi College, University of Delhi

Introduction:

On February 17, 2024, the esteemed Department of Geography, of Kalindi College, University of Delhi, undertook a vital initiative “The water sanitation & hygiene: community outreach program” under the insightful guidance of Dr. Usha K. Pathak and Dr. Awadh Narayan Choubey after the commendatory approval of our esteemed Principal, Prof. Meena Charanda and Tic, Prof. Seema Sahdev. The program aimed to ingrain the basics of water cleaning activities among the residents of the slum community at Kathputli Colony Slum in New Delhi.

Team Composition:

The collective efforts of the determined students resulted in a successful visit. Students from the team of office bearers namely Ila Arun Marwaha and Kirtika along with 3rd year Geography Honours students namely, Yashika, Shreya, Anushka, Shweta of Kalindi college, encompassed the team for the visit.

Visit Details:

The awareness program started from 12 pm onwards and the team ventured into the slum. The focus of the team was to disseminate the basics of cleaning water and its importance among the community along with gathering insights about their hygiene practices.

Aim and Purpose

The students had an aim to cover the majority areas with high concentration of the residents to galvanize the masses. The purpose was to explain water sanitation and hygiene in brief among the children and the adults in the discussions and instill these values to the fullest among them. While some residents embraced this information with enthusiasm and pledged

to disseminate it, others showed varying degrees of interest.

Community Response:

It was truly laudable to watch the active and enthusiastic residents engaging with the team of students to grasp the in-depth importance of the basic hygiene and water usage routine. The residents reflected pure interest and optimism to learn and explore new things. Nevertheless, positive feedback was received, motivating our team to address any barriers hindering active participation in future sessions.

Suggestions for Improvement

- **Community Involvement:** Collaborate with local influencers or community leaders to encourage wider participation.
- **Feedback Mechanism:** Establish a feedback system to understand community preferences and adapt the program accordingly.

Team Experience:

Stepping into the lanes of the Kathputli colony slum community was an enticing experience for our dedicated team. Through their pragmatic approach a rapport formation took place with the residents, encouraging the team to put forward maximum contribution to their welfare, hence the students learned the animating principle in all aspects. The team also explored the inspiring stories and struggles of the residents.

The dynamic exchange between our team and the community revealed the complexities of urban living in a confined space. The children, in particular, displayed an admirable curiosity, soaking in every piece of information shared during the session. Amidst the tightly-knit homes and makeshift structures, we encountered varying degrees of receptiveness.

The overall experience resulted in the unequivocal answer of a successful visit and information dissemination. As we reflect on this meaningful experience, we carry forward a commitment to continued engagement, adaptation, and empowerment in our pursuit of building resilience and fostering awareness. The glimpses of the active interaction of our team have been captured along with the appreciable engagement of the slum residents. The following graphics not only depict the success of our visit but also highlights the significance of spreading awareness.



Conclusion:

The Department of Geography at Kalindi College takes pride in the successful initiation of the “the: water sanitation & hygiene: community outreach program” in the slum community of Kathputli Colony. As we continue our efforts, we remain dedicated to tailoring approaches to better meet the community’s needs and ensuring broader participation.

WOMEN'S HYGIENE AT PERIOD TIMES: A COMMUNITY OUTREACH PROGRAM

Date: March 9, 2024

Organized by – Department of Geography, Kalindi College

University of Delhi

Introduction

On March 9, 2024, the esteemed Department of Geography, of Kalindi college, University of Delhi, undertook a vital initiative “WOMEN’S HYGIENE – A COMMUNITY AWARENESS PROGRAM” under the enlightening guidance of Prof. Seema Sahdev and Dr. Jitender Rishideo after the commendatory approval of our esteemed Principal Prof. Meena Charanda. The initiative aimed to educate women on proper hygiene practices and debunk myths surrounding menstruation.

Team Composition

The collective efforts of the determined students resulted in a successful visit. Students from the team of the office bearers namely Shaheen, Saloni, Muskan, Komal, Khushi and Vaaruni encompassed the team for the visit.

Visit Details

The awareness program started from 2 pm onwards and the team ventured into the slum, which comprised approximately 100 houses housing 200 – 250 residents. The focus of the team was to disseminate the basics of wash among the community along with gathering insights about their hygiene practice.

Aim and Purpose

The aim of this community awareness initiative is to educate women residing in the Shadipur Kathputli Slum Area about proper hygiene practices during menstruation. By providing comprehensive information on menstrual hygiene products, debunking myths, and fostering open discussions, the initiative seeks to empower women to prioritize their health and well-being. Additionally, the purpose of this initiative is to address the challenges faced by women in accessing menstrual hygiene products and to promote strategies for improving access within the community. Ultimately, the goal is to break the stigma surrounding menstruation and empower women to make informed decisions about their health.

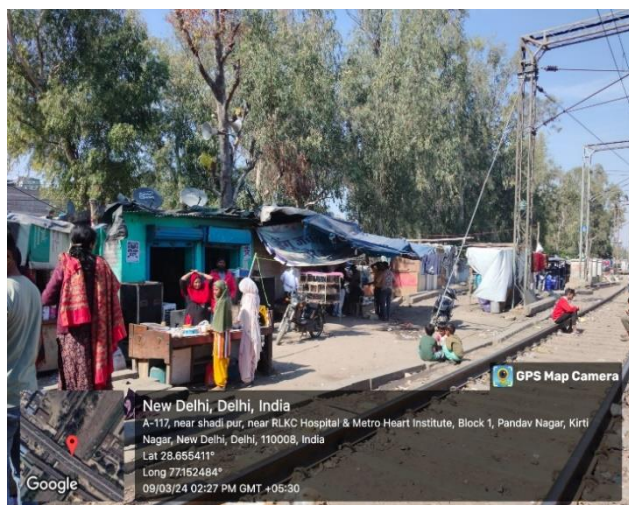
Community Response

The response from the community was overwhelmingly positive, with active participation and engagement from attendees. Residents of the Shadipur Kathputli Slum Area expressed gratitude for the opportunity to learn about menstrual hygiene and appreciated the open and informative discussions facilitated during the session. Many participants shared personal experiences and insights, contributing to a supportive and inclusive atmosphere. Moreover, there was a strong willingness among community members to take action and spread awareness about menstrual hygiene within their own networks.

Team Experience

The team's experience in organizing and conducting the community awareness initiative on women's hygiene during menstruation was both rewarding and enlightening. Prior to the session, extensive research and planning were undertaken to ensure the content was informative, relevant, and culturally sensitive to the needs of the community.

During the session, the team demonstrated effective communication and facilitation skills, engaging participants in meaningful discussions and activities. Collaborative efforts were made to create a supportive and inclusive environment where attendees felt comfortable sharing their thoughts and experiences.





Conclusion

The community awareness initiative on women's hygiene during menstruation held at the Shadipur Kathputli Slum Area on March 9, 2024, was a significant step towards promoting women's health and well-being in the community. Through informative discussions, myth debunking, and engagement activities, participants gained valuable knowledge about proper hygiene practices and menstrual hygiene products.

We extend our gratitude to all participants, including Seema Ma'am and Jitendra Sir, for their invaluable support and contributions to the success of this initiative. By working together, we can create a more inclusive and supportive environment where women can confidently manage their menstrual hygiene and lead healthy lives.

This community awareness initiative serves as a testament to the power of education, collaboration, and community-driven initiatives in promoting positive change and improving the lives of marginalized populations.