

Curriculum plan (even 2026)

Teacher Name: **Mr. Vikash yadav**

Paper name: **Lifestyle Disorders**

Class type: ZOO GE I year(II sem) Theory

Paper shared with:

Unit to be taken	Allocated lectures	Month wise schedule to be followed	Tests/Assignments/Revision/Presentations etc
Unit 1- Introduction to Lifestyle	2.5	January	Theory
Unit 2- Diabetes and Obesity	2.5	January	Theory
UNIT 3 Cardiovascular Diseases	2.5	January	Theory, Assignment/test
Unit 4- Cancer	2	Feb	Theory ,Revision,
UNIT – V Hypertension	2	Feb	Theory ,Revision,
UNIT – VI WHO Global action plan and Monitoring	2.5	March	Theory ,Revision,

Name of teacher

Signature

Curriculum plan (Even Semester 2026)

Teacher Name: **Mr. Vikash yadav**

Paper name: **Human Physiology-Control and Coordination Systems**

Class type: zoology GE. I year(II sem) G1& G2

Paper shared with: Dr. Varsha singh

Date	Practical
Jan/2026	1. Estimation of blood glucose (GOD/POD) by kit.
Jan/2026	. 2. Calculation of BMI, waist to hip ratio, skin fold test
Jan/2026	3. Imaging techniques for cancer diagnosis. CT Scan, MRI, PET-CT scan. Confirmatory Biopsy
Feb/2026	4. Blood pressure measurement using a sphygmomanometer
Feb/2026	5. Study of cardiac rehabilitation- thrombolytic agents and balloon angioplasty.
Feb/2026	. 6. Project Work based on Case studies related to risk factors of any ONE lifestyle disorder studied
March/ April	REVISION and MOCK PRACTICAL TEST

Name of teacher

Signature