**Work Plan of Dr. Divya Mishra**

**2021-2022**

**Odd Sem**

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| Name of Paper & Code | Allocation of Lectures | Month wise schedule fall owed by the department | Assignment/test |
| Basic Principle of Indian Medicine System(Ayurveda)-12135904 | | | |
| I. Definition and Salient features of Ayurveda | 08 Lectures | August - 2021 | **August** -Assignment Topic-SalientFeatures of Ayurveda |
| II. Astang Ayurveda & History of Ayurveda | 19 Lectures | September - 2021 | **September-**  Assignment Topic  Ashtang Ayurveda One test |
| III. Basic Principles of Ayurveda Triguna, Tridosh etc. | 16 Lectures | October - 2021 | **October -**  Assignment Topic-Saptadhaatu, Trayodashaagni One test |
| IV. Dietetics & Nutrition | 16 Lectures | November - 2021 | **November -** History of Ayurveda and aim of Ayurveda |
| V. Important Medicinal Plants in Ayurveda | 4 Lectures | December -2021 | **December-** Revision |
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