**L Paveine**

**Semester III, VAC: Ethics and Culture**

**Session- 20th August to 13th December 2023**

**Class type(1L+2Practical)**

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| **S. No.** | **Name of Course/Paper/Unit/Topic** | **Week/ Month wise schedule to be followed** | **No. of Tests/ Assignments/ Presentations** | **Marks Distribution** |
| **1.** | **UNIT-** I **Introduction** - **The Basis of Ethics** |  **August-2nd week September –**Getting to Know Each Other• What to Expect from the Course?• Recognition of Our Common Humanity• Empathy, Compassion and Justice |  |  |
| **UNIT-** II **The Role of Intelligence, Reason and Emotions** | **September to 2nd Week October** Discernment: What Is The Right Thing To Do?• The Art of Conflict Resolution• Destructive and Constructive Emotions• The Need for Emotional Balance |  |  |
| **UNIT-** Ill **Cultivating Inner Values- Ethics in the World of Work and Play** | Training the Mind: Mindfulness and Kindness• Meditation• Discovering your Vocation and Interests• Self-discipline, Integrity, Commitment, Creativity• Work-Life Balance |  |  |
| **UNIT- IV Striving for a Better World** I **Outreach Activities** | Means and Ends• Debate and Dialogue• Culture as Shared Values• Creating and Sustaining Ethical Cultures: The Role of Philosophy,Religion, Literature, Theatre, Cinema, Music, Media• Outreach Activities | **1Project****/Research Assignment** **On an Activities for Outreach: Social/ Community Engagement and Service. Students are brief on the possible topics and the methodology they could employ for the requirement** | 10 Marks |